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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

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Leading The Cheers For Quincy, North Football



QUINCY FOOTBALL CHEERLEADERS have been leading the cheers for the Presidents this season. Front row: (from left to right) Lillian Nguyen, Onuchi Alamba, Captain Reese Smith, Captain Skyla Whelan, Beatriz Goncalves and Mallory Carlson. Second row: Pichsinee (Mint) Jindawit, Eva Picarski, Sarah Doyle, Lilly Dauphinee, Hawa Mohamed, Izzy Picarski and Aniya Groomes. Third row: Peyton Zacharias, Isabella Siu, Vanessa Nguyen, Violette Ingram, Madison Durand, Jake McKenzie, Nadia Faticanti, Jariely Martinez, Eleanor Bergin and Olivia Alamba. The squad is coached by head coach Nancy McNulty and assistant coaches Madison Kubera and Rachel Leschernier. *Quincy Sun Photo/Robert Bosworth*



NORTH QUINCY FOOTBALL CHEERLEADERS have been leading the cheers for the Raiders this season. Front row: (from left to right) Front row senior captains Mary Stanton, Norah Cronin, Mia Ryan and Katelyn Craig. Second row: Ava Coffey, Morgan Calvert, Bridget Capone, Ammar Chunda, Mia Pecevich and Sachi Andrade. Third row: Annie Hays, Kylie McDonald, Sophia Palermo, Izzie Reyes, Emma Cramond, Jade Manning, Emma Boylan, Grace Lowe, Brighid Burke and Colby McIntosh. Missing from photo: Maddie Smith and Sophia Kyranis. The squad is coached by head coach Aine Duffy and assistant coach Meghan Kertanis. *Quincy Sun Photo/Robert Bosworth*

No New Price Tag Yet For Public Safety Headquarters

By SCOTT JACKSON

The city continues to work with the contractor chosen to construct the new public safety headquarters to determine how much additional money will need to be borrowed to pay for the project.

The City Council in April 2021 approved Mayor Thomas Koch's request for a $120 million bond to pay for the construction of the new building, an adjoining 267-car garage, and nearby infrastructure improvements. A $32 million bond approved in December 2019 included money to design the new building and pur-

Cont'd On Page 4

Palmucci Seeks Compensation Review For City Workers

By SCOTT JACKSON

Ward 4 Councillor Brian Palmucci wants the Koch administration to review compensation for municipal employees to ensure city workers are being paid appropriately.

At the City Council meeting on Sept. 19, Palmucci introduced – and his colleagues unanimously approved – a resolution asking

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Christmas Parade Theme Contest Underway; Last Day For Entries Oct. 7

The Christmas Festival Committee announces the theme contest for the Quincy Christmas Parade is underway.

The committee is seeking public nominations for the theme of the 69th annual parade which will be held on Sunday, Nov. 27th. This year's parade will feature the University of Massachusetts Marching Band. The highly acclaimed award-winning band is over 380 strong and has appeared in events all over the United States.

The parade theme plays a significant role in float preparation for the annual event and is an important step in planning of each year's parade.

The contest is open to all and the winner will receive a gift and be invited to ride in a convertible in the parade on the Sunday after Thanksgiving.

All entries must be received no later than Friday, Oct. 7.

Entries should be mailed to Christmas Festival Committee, One Merrymount Parkway, Quincy, MA 02170.

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Council On Aging Events, Activities - *Page 12*

Children's Events At Crane Library - *Page 14*

More Quincy news:

The Quincy Sun.com



NORTH QUINCY HIGH SCHOOL National Merit Scholarship commended students. From left to right: Commended Students Jason Li, Sophie Nerine, Sabrina Teng, Kaitlyn Vu, Alexander Stankov, Nicholas Enbar-Salo, Ashna Guha, Katie Jiang and National Semifinalist Dominique Dang.
Photo Courtesy North Quincy High School

Eight North Quincy High School Students Recognized For Scholastic Achievement

The National Merit Scholarship Corporation recently announced that eight North Quincy High School students were commended for their scholastic achievements. Approximately 34,000 students nationwide are being recognized for their exceptional academic promise. The eight students who were commended through the National Merit Scholarship Program are: Nicholas Enbar-Salo, Ashna Guha, Katie Jiang, Jason Li, Sophie Nerine, Alexander Stankov, Sabrina Teng and Kaitlyn Vu. In addition, Dominque Dang will continue in the National Merit Scholarship Program and has been awarded a National Merit Scholarship Semi-finalist. Across the nation some 16,000 students have been recognized as semi-finalist. Dominque will have the opportunity to advance to the Finalist level of this competition over the course of this year.

$100 Million Available For Public Schools To Make HVAC, Air Quality Improvements

The Baker-Polito Administration announces the availability of $100 million in grant funding for school districts to improve ventilation and indoor air-quality to support healthy learning environments. The grants will be targeted to schools with high concentrations of economically disadvantaged students, English language learners and communities disproportionally impacted by the COVID-19 pandemic.

The funding is available through the American Rescue Plan Act (ARPA) bill and authorized by Chapter 102 of the Acts of 2021. As required by the ARPA bill, funds will be distributed by a formula to ensure the highest need districts receive the largest portion of funding. More than 20 school districts are eligible for up to $1 million, and several districts qualify for several million dollars, with Boston Public Schools eligible to receive up to $15 million and Worcester Public Schools eligible for up to $7 million.

School districts are strongly encouraged to focus on efficient, environmentally friendly HVAC and air quality technologies when planning upgrades, consistent with Governor Charlie Baker's 2050 net zero pledge.

"This grant funding will address the needs of school facilities and will support important repairs to improve ventilation and indoor air quality, particularly in schools and communities significantly impacted by COVID-19," said Governor Charlie Baker. "Additionally, this funding offers an opportunity for schools to align their buildings with the Commonwealth's net-zero goal and to make more environmentally-conscious infrastructure upgrades."

"With these grants, we can direct more resources to school districts with economically disadvantaged student populations that have a greater number of buildings with HVAC systems in need of moderate repairs, major repairs or complete replacement," said. Lt. Governor Karyn Polito. "These grants will allow us to improve air quality for

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PATROLMAN ALFRED HOLLIS

Ceremony Saturday To Pay Tribute To Fallen Patrolman

Headstone To Be Dedicated At Grave Site, St. Mary's Cemetery

The Quincy Police Department and City of Quincy will honor a fallen Quincy patrolman Saturday who was killed in the line of duty nearly 95 years ago.

Quincy Patrolman Alfred Hollis was shot and killed in the line of duty when he and his partner responded to a burglary call at a local hardware store on Oct. 4, 1927.

Patrolman Hollis went to the back of the store and the other officer went to the front. The second officer heard a shot and ran to the back of the store where he found Patrolman Hollis fatally wounded. He was 32 years old.

A suspect was arrested after a shootout with police in Connecticut. The man pled guilty and was sentenced to life in prison and has since died.

Patrolman Hollis had served with the Quincy Police Department for one year. He was survived by his wife, Mary Hollis, and three young daughters.

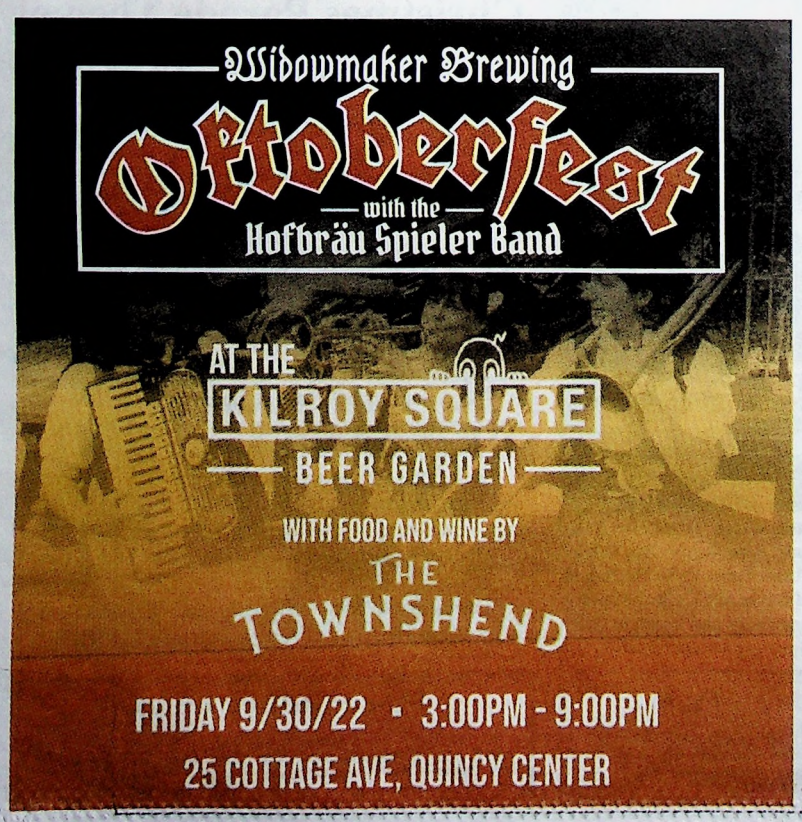
To this day Alfred is remembered as a fallen hero by his family, the Quincy Police Department, and the City of Quincy.

Members of the Quincy Police Department along with Officer Hollis' family members will be gathering to memorialize Officer Alfred N. Hollis on Saturday, Oct. 1st.

All wishing to attend are asked to meet at the former St. Mary's School parking lot (located at 121 Cresent St.) A procession will be leaving the parking lot at 10:30 a.m. for a graveside ceremony at St. Mary's Cemetery at 11 a.m.

A long-awaited headstone will be dedicated in honor of Officer Hollis who made the ultimate sacrifice for the citizens of Quincy.

All are welcome to attend.





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Volunteers needed to help raise money for *The Salvation Army!*

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Excluding Sundays and Thanksgiving.

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Morrisette Post Sponsors High School Students For Trooper Program

The Cyril P. Morrisette American Legion Post #294 recently sponsored two senior students - one from Quincy high School and one from North Quincy High School. The students applied to the American Legion Student Ttrooper program.

Each year The American Legion conducts training at the state trooper complex and training center in New Braintree, MA. To qualify each student must pass a physical exam and file a application for the program and be sponsored by a local Legion which in turn pays the fee for the program. This program consists of vigorous physical training, discipline in taking orders, leaning the responsibilities of an officer.

Most students who apply and conquer this task join law enforcement later on. In fact, 60 percent of the class join some type of law enforcement.

This year the Morrisette Post #294 was proud to have sponsored two young gentlemen: Joshward Baez and David Owen. Baez was chosen to be a team leader after the first day of training overseeing 30 cadets. When asked why he wanted to take the training course he said well my brother took it and he is now a Boston police officer and he too is looking to go into law enforcement.

"We here at the Morrisette Post are so proud of both students," said Commander George Bouchard. "It makes it all worthwhile to have these young kids join something that's so special and rewarding at a young age; it's money well spent. During their visit to the Morrisette Post after graduation they met state trooper and Morrisette member Tom Briody where they talked about future programs for the State Police.

"The Morrisette takes pride in serving its community in any way they can when it comes to young students," Bouchard added.

Anyone interested in joining next year's program which takes place in late August can call Bouchard at the post home at 617-770-4876.

"We encourage all students to look into it if they are interested," he added.



MORRISETTE AMERICAN LEGION Post #294 sponsored two local high school students for the American Legion Student Trooper program. From left to right: Post Commander George Bouchard, Past Commander Stephen Fowles, student honoree Joshward Baez, State Trooper and Morrisette Post Member Tom Briody and Past Commander Steven Dunlea. Missing from photo: student honoree David Owen. *Photo Courtesy Morrisette American Legion Post*

Quarry Museum Open Oct. 1, Oct. 2

The Quincy Quarry and Granite Workers Museum will open on Saturday, Oct. 1st and Sunday, Oct. 2nd from 11 a.m. to 3 p.m. Also a self-guided walking tour of the Lyons Turning Mill grounds to view artifacts around the mill with interpretive information at each location will be viewable.

Historic pictures of Quincy's granite industry with interpretive information on each picture will be displayed. Visitors can view the locations of where the machinery was located by the foundations and stud locations.

The Museum will also be open for a self-guided tour to view pictures and artifacts from Quincy's granite industry. Museum members will be on hand to answer questions and Quarry Museum T-shirts will be on sale to help support the museum.

Directions: Curry's Hardware, at the intersection of Copeland and Willard Streets, West Quincy. Proceed under expressway, stay to right to stop sign, the U.P.S. building will be on the other side of ramp. Proceed with caution across ramp onto Ricciuti Drive to end and right on to Quarry Hills Drive. Turning Mill will be 100 yards on left.

Visit the website www.quincyquarrymuseum.org.

For more information call 617-472-1322.

Mite Box Thrift Shop Re-Opening For Fall Season

The Mite Box Thrift Shop, at the Parish of St. Chrysostom, 1 Linden St., Quincy, announces it is re-opening for the fall season.

In addition to continuing the summer hours on Sundays from 1 to 5 p.m., the shop will re-open for its regular hours starting Saturday, Oct. 1st from 10 a.m. to 2 p.m.

Then the following week, starting on Oct. 7th, the shop will be open on Fridays from 10 a.m. to 2 p.m.

Look for additional days and hours in November.

The shop is in the process of putting out fall merchandise.

Don't Miss Our Flavor of the Month

Pumpkin Spice

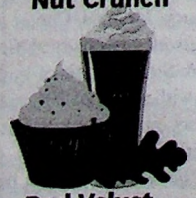
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Heather Lis Hired As Quincy's New Environmental Scientist

Mayor Thomas Koch announces that Heather Lis has been hired to fill the Department of Natural Resource's Environmental Scientist position.

Lis, a native of Braintree, had been working in Hingham and Holbrook in their Conservation offices. Lis will replace Julie Sullivan who moved on after almost three years in the position.

Lis holds a bachelor's degree in biology from Smith College and a masters in environmental biology from the University of Massachusetts-Boston. She is a certified ecologist and holds a Wetlands Delineator Certificate from the U.S. Army Corps of Engineers. She has more than 14 years of experience working in various municipal conservation offices. She serves on the Braintree Conservation Commission and formerly served as chairperson.

"We are excited to have Heather join our Natural Resources team and continue the great work being done to preserve and enhance our local environment," Koch said. "Quincy's marshes, beaches, ponds, open spaces, and wetlands need our attention and the creation of that position has led to some important improvements already. I am confident that Heather's education and experience will assist our efforts to improve Quincy's natural resources."

Lis will pick up projects such as the restoration of Sailors' Pond, ongoing maintenance of Butler's Pond, the Rock Island Cove Marsh study, phragmite control city-wide, and the enhancing of other natural resources in the city.

"I am excited to join the Natural Resources team in Quincy and tackle the important work of the Environmental Division," Lis said. "I appreciate that the city is prioritizing its unique natural resources and that my years of experience and scientific background can help improve our local environment.

There are a number of exciting upcoming projects, and I look forward to working on them and to future initiatives," Lis added.

The Environmental Scientist position was proposed by Mayor Koch in 2018 as part of the new Department of Natural Resources. This position oversaw the successful restoration of Butler's Pond, the creation of the Quincy Trails Map, the permitting and engineering for the restoration of Sailors' Pond, the preliminary study for the Rock Island Cove Marsh, and many other successful endeavors.

"I want to thank Julie Sullivan for the great work she did in her time in Quincy and wish her the best of luck in her new position," said Commissioner of Natural Resources Dave Murphy. "We are very excited to have a candidate as qualified and experiences as Heather joining our team and I look forward to working with her in improving the critical natural resources in our city."



Moments in time

THE HISTORY CHANNEL

• On **Oct. 16, 1793**, Marie Antoinette, the last queen of France, is taken to the guillotine and beheaded nine months after her husband, the former King Louis XVI of France. Marie Antoinette and Louis, unpopular and accused of high treason due to France's financial woes, had been caught trying to flee to Austria.

• On **Oct. 10, 1845**, the United States Naval Academy opens in Annapolis, Maryland. The curriculum for the 50 midshipmen students included French, English, gunnery and steam and chemistry. In 1850, the name was changed from the Naval School to the U.S. Naval Academy, and students were required to serve on ships during summers for four years.

• On **Oct. 14, 1857**, engineer and inventor Elwood Haynes is born in Portland, Indiana. Haynes designed one of the very first American automobiles using a gas engine he saw in use at the 1893 Chicago World's Fair. The finished product weighed 820 pounds and moved on 28-inch bicycle wheels.

• On **Oct. 12, 1915**, British nurse Edith Cavell is executed by a German firing squad for helping Allied soldiers escape from German-occupied Belgium during World War I. Cavell was honored with a statue in St. Martin's Place, just off London's Trafalgar Square.

• On **Oct. 11, 1925**, novelist Elmore Leonard is born in New Orleans. After publishing numerous Western novels (including "Hombre"), Leonard turned to suspense and crime fiction. Best known of these are "Get Shorty" and "The Big Bounce."

• On **Oct. 13, 1953**, the 45-foot Artmobile, the world's first art museum on wheels, arrives in Virginia carrying 16 paintings by 15th- and 16th-century masters. It attracted 5,000 visitors in the first few weeks. Art objects were loaned for exhibit by famous museums across the country until the Artmobile was canceled in 1994 due to budget cuts.

• On **Oct. 15, 1965**, in one of several identical events across the country, Catholic priest David Miller burns his draft card in New York. For violating the recent law banning the burnings, Miller was arrested and sentenced to two years in jail.

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No New Price Tag Yet For Public Safety HQ

Cont'd From Page 1

chase five parcels of land, among other project costs.

In an interview this summer, Mayor Thomas Koch said officials from his administration were working with the general contractor for the project, Suffolk Construction, to try to find potential savings given the increase seen in construction prices nationwide in recent years. In that same interview, Koch said he would likely need to ask councillors to approve an additional bond for the project.

In a recent interview, the mayor said he is still waiting for a final figure to submit to the council.

"I'm actually waiting for the final number, but I expect this fall to go to the City Council to deal with that. It's an issue right now across the economy. Prices have soared. Materials have soared. We've got to deal with it," Koch said.

"The contractor and our team have gone through the project with a fine-tooth comb to make sure we're finding savings where we can but also, how often do you build these buildings? That's a rhetorical question. The answer to that is not very often. How well do we build them so that they're here for a long time? I think we should be an absolute quality building and that will be the plan.

"You're building a building for 50 to 100 years. You don't want to be having to work on that building in 18 to 20 years."

In addition to rising construction costs, Koch said the lead time for acquiring new vehicles has also increased.

"I know what it has af[illegible] "I don't want to guess. Until I get a new update where we're at, I don't want to guess," he responded when asked about the timeline for the project, before adding, "I guess it will be probably 2024 sometime."

As part of the project, Father Bill's Place will move from its location at 38 Broad St. to 39 Broad St. where a new housing resource center is slated to open in two phases starting in 2023.

The Quincy Animal Shelter has also moved from its former home on Broad Street to a temporary facility on East Squantum Street. City councillors approved a $15 million bond for a new animal shelter on Quarry Street earlier this year, and the facility is expected to open in January 2024.

The parcel at 39 Broad St. is one of the five parcels the city acquired with the $32 million bond approved in 2019. With that bond, the city also purchased the Stop & Shop gas station at 450 Southern Artery, the former home of the Bryan Post at 21 Broad St., and a single-family home at 12 Field St.

The city plans to reuse the underground tanks at the gas station to fuel municipal vehicles, the new parking garage will be located roughly in the vicinity of the Bryan Post, and the home on Field Street was purchased so the city can reopen the roadway between Field Street and Broad Street.

The fifth parcel of land purchased with those funds was a vacant lot at 47 Quincy Ave., which is located across the street from the current headquarters of the Quincy Fire Department at 40 Quincy Ave. Koch has said a new firehouse could be built at 47 Quincy Ave. to house the apparatus now located at department headquarters. The city had considered moving those apparatus to the public safety building on Sea Street but decided against doing so because it would increase response times to the Penn's Hill neighborhood.

Koch Confident About FoxRock Project

By SCOTT JACKSON

Mayor Thomas Koch said he believes FoxRock Properties will be able to follow through with its plan to construct a 240,000-square-foot medical and life sciences building on the Ross Lot in Quincy Center.

The city's Planning Board signed off on the Quincy-based company's proposal to construct the new development, which will be known as Switch-Point Quincy, in February. The project would be the first major commercial development constructed in the new Quincy Center.

The Ross Lot project is one of three FoxRock has gotten the go-ahead for in recent years. The company is also constructing Ashlar Park – a seven-building, 465-unit apartment complex at the former home of Quincy Medical Center on Whitwell Street – and Center & Stone, a pair of building with a total of 201 apartments on Hancock Street in Quincy Center.

"FoxRock has been

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Scenes From Yesterday



SQUAW ROCK, SQUANTUM, MASS.

THIS 1920 scenic postcard is a view of Squaw Rock that is located at the northern tip of Squantum in Dorchester Bay. Squaw Rock is an ancient formation of various types of rocks formed into its present shape by a glacier thousands of years ago and by wind and tides ever since. It protrudes upwards 40 feet from sea level. Popular Indian lore has it that it was named for an Indian maiden who leapt to her death from here into the sea below, although other legends tell of different origins of the name. Myles Standish, the first European to set foot in Quincy, landed near here between Squaw Rock and the adjacent Chapel Rocks in September 1621, 401 years ago. The area hasn't changed much since then.

In this old postcard scene the sign facing Dorchester Bay advertised water view dining at the Squantum Inn. It was trying to attract some of the thousands of summer day-trippers that passed by here on their way to Nantasket. The Squantum Inn was located near today's Shoreham Street and had a sweeping veranda overlooking the bay. This area, now known as Squantum Park, was purchased from private owners by the City of Boston in 1893 when they were building the Moon Island sewer plant just off the coast. After years of haggling it was acquired by the City of Quincy in 1974.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1982
40 Years Ago

City Collects $627,000 In Back Taxes

Mayor Francis McCauley announced that since January the city had collected $627,000 in back property taxes and interest and has agreements for the payment of $1,263,000 more.

McCauley said that when he became mayor nine months ago he asked City Treasurer Robert Foy to compile a list of individuals and firms that owed the city more than $2.9 million in back taxes, some dating back to the 1960s.

Since then, Mayor McCauley said that City Solicitor William Golden has been aggressively seeking payment of those overdue taxes.

"It is the policy of this administration to demand payment in full of all taxes and interest due," said McCauley. "No waivers or abatements have been granted to anyone owing back taxes."

"This administration will continue to pursue the collection of all back taxes due the city and will start foreclosure proceedings against those who do not indicate a willingness to pay what they owe," McCauley added.

TOURAINE BUILDING LEASED, SEARS TENANTS SEEN

Robells Department Store with goods in moderate price range plans to open in ten days in the old Touraine building at 1563 Hancock St., next to the Sears, Roebuck building.

Planning Director James Lydon said that lease forms for space in the Sears building itself have been sent to two other firms for consideration by their boards of directors.

Lydon said Meredith and Drew, agents for the Faxon Trust, which owned the Sears building, would continue to advertise for at least two more tenants for the building, which has been vacant since Sears moved to the South Shore Plaza in Braintree.

QUINCYISMS

Settles Glass Companies, 196 Washington St., announced the opening of a second location at 119 Parkingway, Quincy Center… Kids Korner announced the opening of its store at 60 Billings Rd., North Quincy. The store featured "Children's Quality Clothing, Sizes 7-14"… **Rep. Thomas F. Brownell (D-Quincy)** asked the MBTA to provide additional buses on selected routes in Quincy. Brownell cited complaints from students who have been late for classes. Brownell specified routes on Billings Road and Sea Street where additional services are needed… **Post Commander Jason Stone** was scheduled to be honored by the Jewish War Veterans on Sunday, Oct. 17 at Beth Israel Synagogue, 33 Grafton St., Quincy Point. Stone was the first commander to serve five terms as post commander… The elementary school lunch program menu for Monday, Oct. 4 included: fruit juice, Frankfort on a roll, condiments on the side, buttered corn, slice fruit and milk… Hancock Tire and Appliance, 115 Franklin St., South Quincy, was advertising a "No Frost-Food Saver Refrigerator, 19 cubic feet with a $40 cash rebate"… Edie's Sweet Shoppe, 555 Hancock St., Wollaston, suggested "Come In and Try Our Sinfully Delicious Chocolate Truffles"… **Larry Antonelli**, owner of Antonelli Iron Works, West Quincy, was selected a "Man of the Year" by Friends of the Don Orione Home… **U.S. Sen. Edward M. Kennedy** was slated to be the guest speaker at a South Shore Chamber of Commerce breakfast to be held Oct. 6 at Valle's Restaurant in Braintree. Kennedy was expected to review the state of the economy and business prospects for the year ahead… **Rev. Elden D.J. Zuern**, associate pastor of Bethany Congregational Church from 1977 through 1982, was honored at a Fellowship Hour at the church. **Howard Willard**, church moderator, presented a monetary gift to Rev. Zuern and his wife **Norma**… Tullio and Sons Home Improvement Specialists, 170 Washington St., announced a sale of "Aluminum Combination Windows, Now 5 for $239, Regular Price, $54.95 each."… Wollaston Credit Union, 651 Hancock St., announced "Mortgage Money Was Available Terms Included 90% Financing. 30-Year repayment for owner occupied 1-4 unit residences"… An unofficial tally of Quincy Public School enrollment figures showed a decrease of 640 students for the school year 1982-1983. The decrease amounted to 5-8 percent over 1981-1982 figures… Anthony's Hairstyling, 1647 Hancock St., downtown Quincy, was advertising "Wash n' Shake Perm Specials for $27.50, Regular Price $50"… Quincy High School football was off to a great start in the 1982 football season. The Presidents scored a total of 72 points in defeating Cambridge Rindge & Latin 33-16, followed by a 39-16 victory over a powerful Everett High football team… The Quincy Historical Society Museum won a $6,892 award in a nationwide competition for federal assistance. The award would support the museum's services including education, conservation of historic artifacts as well as manuscripts and exhibitions. The award was announced by **Cong. Brian Donnelly**… **Clint Eastwood** was appearing in "Firefox" at the Wollaston Theater, 14 Beale St.

Readers Forum

NQHS Band Anniversary Trip To Ireland

Dear Quincy Sun Editor,

Fifty years ago this fall the North Quincy High School Band was embraced by the city as it was going door-to-door selling raffle tickets and bumper stickers trying to earn its way to Ireland to march in the Saint Patrick's Day celebrations in Dublin and Limerick, Ireland.

The band was successful due to the generosity of the city and their efforts resulted in a wonderful trip that created memories and friendships that lasted a life time.

Sara Stanton of Cara Travel in Quincy has put together a wonderful trip package to try and celebrate the 50th anniversary of that trip. Below is a link to help us reach some alumni N.Q.H.S. Band members and their friends and families who would like to participate in this unique reunion.

For more information on this trip, visit:

https://caragrouptravel.com/north-quincy-alumni-band-trip/

Thank you.

Sincerely,
Bill Wildes

Comments On Squaw Rock, Electric Vehicles

As I read my latest copy of The Quincy Sun, two items jumped into my attention. The first was the page one news story on Squaw Rock over in Squantum. It appears federal officials have changed the name to Nickerson Rock. The U.S. Department of the Interior has been renaming more than 600 sites around the country that include the term "squaw."

Apparently, the Interior Secretary Deb Haaland feels using the term "squaw" is an offensive and racist slur to all Indigenous women and therefore deemed hate speech, I guess. I agree with Mayor Tom Koch's decision to continually call Squaw Rock as Squaw Rock which is the correct decision to make, especially since as the mayor noted, the feds neither own nor maintain this geographic site.

Doesn't Washington, D.C. have enough real issues out there to fix besides banishing the term "squaw" from anyone's sight?

The other item was a letter to the editor on the city purchasing EVs that aren't here yet for purchase for Quincy's public works or parks and recreation fleets. I figure one day in the future we all will be driving EVs but we are nowhere near ready with the infrastructure for these vehicles to be commonplace. Everything now has become an emergency and I still question the efforts to push us faster and faster into the future kicking and screaming.

The letter writer speaks of the so-called long waiting list for these new vehicles to be ready, replacing our evil fossil fuel machines we currently use. EVs cost more, much more. However, many of the large (trucks) probably will remain as fossil fuel vehicles because we are also not ready yet for these heavy service vehicles in the city's truck fleet.

What is the rush to order new EVs for the city and to lease a few new gas-driven vehicles? There really is no time-table for the arrival of these new green vehicles, not six months, not eight months. Could be longer; does anybody really know when such vehicles will actually be ready for purchase?

By the way, the lack of enough EVs ready to drive off the showroom today and ending up in Quincy's city fleet is not an imagined obstacle, it's a real one. We all need to take a deep breath and relax a bit. Our climate always changes, and yes, some of these changes are man made, too. However, we are on the road and are traveling in the right direction. The future remains up the road a bit.

Relax, enjoy your gas-powered car a while longer. EVs are coming whether we want them or not. The end isn't near.

Sal Giarratani
East Boston

Martin Healey, Jr. Aces 13th Hole At Indian Pond CC

On a recent September morning auguring the very zenith of the onrushing season, a frosty inviolable stillness ensconcing Indian Pond Country Club, with dazzling sunshine coruscating upon its dewy knolls and vales, Euclid Avenue's own Martin Healey, Jr. faded a seven iron into the par 3 13th hole for an electrifying ace.

The bunker-crowded 145-yard hole is, like most of the tracts at Indian Pond, difficult to negotiate, judge and approach. But Healey's skilled landing on the apron facilitated a forty-foot roll into the cup.

Fortunately for Mr. Healey, traffic in the dining room was light subsequent to the round, allowing him to skirt the inevitable financial burden occasioning such a feat.

John Gilmartin of South Boston, Indian Pond member, Freddy DeMinico, of Pembroke, and Michael T. Barron of Boston were present to attest to this wholly inspiriting event.

Tom Barron
Quincy

More Letters On Page 35

Arts & Entertainment

Events, Activities In October For Adults, Families At MPL

BY JEAN HLADY
Milton Public Library

During the month of October, the Milton Public Library has lots of fun events happening for adults and families.

Adult Yoga is back in October, on Saturdays, Oct. 1 and Oct. 15 at 11 a.m. Please join instructor Marianne Zullas in the Keys Community Room for gentle vinyasa flow yoga in person with like-minded others. This practice is designed to create movement and space in the body, and advance registration is required to participate.

Also the MPL Walking Club returns on Thursdays, Oct. 6 and Oct. 20, starting at 12 noon to meet up in the library's parking lot. Join staff from the MPL for a lunchtime walk through the neighborhood, discussing recent reads, the great outdoors, and whatever else may come to mind. Bring appropriate footwear and an adventurous spirit, and please sign up to attend in advance at our website.

In addition, the Library Knitting Group will be meeting on Thursday, Oct. 6 and Saturday, Oct. 15 at 10 a.m. in the lower level Conference Room. In this fun drop-in activity, bring a project to work on, get tips and tricks from participants, and make new friends! No sign-up is required and if you would like to get on the organizer's Email list to receive updates, please Email jhlady@ocln.org and she will make sure your name is added.

On Tuesday, Oct. 4, starting at 7 p.m., there will be an in person talk in the Keys Community Room called "Extreme Skiing" with Author Dan Egan from Milton. His book is called 30 Years in A White Haze which was written with co-author Eric Wilbur (c2021).

Egan is a pioneer of extreme sports, world-renowned for his big mountain skiing on the international stage. In 2001, Powder Magazine named him one of the most influential skiers of our time. He is also an award-winning film producer, has been nominated for three NE Emmy Awards and won 3 NASJA Harold Hirsch Awards for excellence in journalism. His book is about worldwide adventure and the evolution of extreme skiing.

Please join us for a fascinating in person program this evening in the Keys Community Room. You may pre-register at www.miltonlibrary.org to attend, although this is not required.

There will be a fun in person craft workshop suitable for adults and teens called "Make a Fall Landscape Using Needle Felting" on Tuesday, Oct. 11, from 6:30 to 8 p.m. Lisa Walker of Pop-Up Art School will teach us how to "paint" a seasonal landscape with wool, using a barbed needle to attach colorful merino wool to an embroidery hoop. Leave the class with the basic supplies and knowledge to needle felt on your own, plus a unique picture you have created!

Advance registration is required at the MPL website to participate.

The Cookbook Club with Sara Truog and Connie Spiros will meet on Wednesday, Oct. 12, at 6:30 p.m. in the Keys Community Room, or you may attend via Zoom if you prefer as this is a hybrid program. Each club meeting will feature a selected cookbook, and members will prepare a tasty treat from the book to bring to the MPL and share.

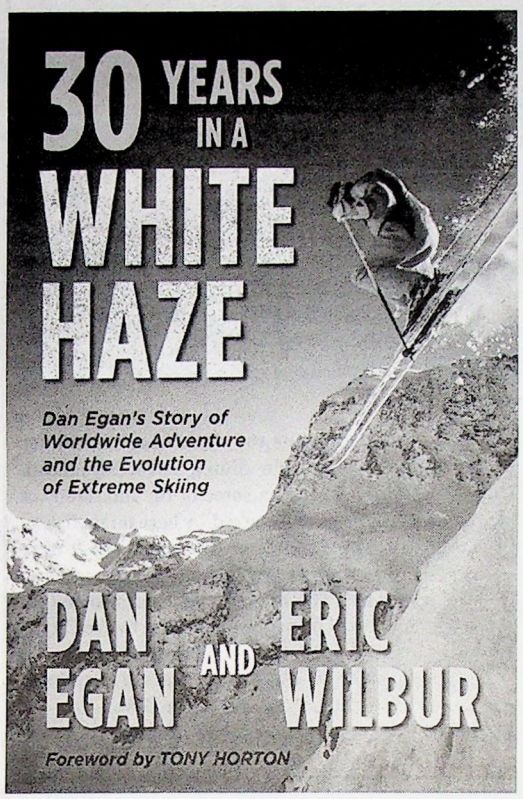
The cookbook chosen for October is "Treasures of the Mexican Table" by Pati Jinich. You can view all the details about the club at our website: www.miltonlibrary.org by clicking on "events" from the main page, where you can also sign up in advance which is required.

On Thursday, Oct. 13, from 6:30 to 8 p.m., in the Keys Community Room, staff member Regan Mulcahy will teach an in person, hands-on workshop called "Internet Basics." Are you new to the Internet, or looking to build more confidence finding information online and navigating websites? We invite you to attend this in-person workshop to learn about webs browsers and search engines, build skills to navigate the Internet, and discover tips and tricks for basic and advanced searching online.

Laptop computers will be available for use for participants, and snacks and giveaways will be provided. Registration (at the MPL events page) is limited and required. We hope you might participate in this informative and educational program but if you need help signing up, please contact the Reference Dept. at (617) 898-4964.

This program is made possible by a grant from the Public Library Association Digital Literacy Workshop Incentive, supported by AT&A.

To celebrate Halloween this month, there will be a fun and kind of scary in person movie program happening on Saturday afternoon, Oct. 15, from 2-3:30 p.m., in our Keys Community Room. This is an "In Person Film Program



ON TUESDAY, OCT. 4, starting at 7 p.m., Milton Public Library will host an in person talk in the Keys Community Room called "Extreme Skiing" with Author Dan Egan from Milton.

Photos Courtesy Milton Public Library

called Things That Go Bump in the Night – The History and Impact of the Horror Film." Come join film historian Frank Mandosa as he shows us the fascinating history of horror movies on the big screen – just in time for All Hallows Eve!

You will view all kinds of spooky and outrageous bits from great scary films through the ages, and even if you have never been a fan of this type of film, this funny, entertaining look at snippets of some brilliant movies produced by American cinema should send some thrills your way! No sign-up is required to attend – and parents, please come and bring your teens who should also enjoy this program. (Host Jean Hlady hopes you are working on your Halloween costume in the meantime….)

On Tuesday, Oct. 18, from 6:30 to 8 p.m., there will be a program called: "Casual Dinners for Friends & Family: A Virtual Cooking Demonstration." With just a little bit of planning you can make simple, tasty, and enjoyable meals, even during the week. It just takes some thought, simple recipes, and smart shopping skills.

Join local chef Connie Spiros this evening as she prepares - via Zoom - three simple weeknight entrees (chicken, pork and fish), that will make your friends and family say WOW, followed by an immediate request for the recipes! The class is approximately 75 minutes in length and if you cook along, you will have 3 meals to enjoy for the week!

Register for the program in advance at the Milton Public Library website, you will receive the Zoom link and you will be sent a copy of the recipes and the shopping list, so that you can cook along, or watch, take notes, and make the recipes later. We hope you might join us for a fun evening of cooking with Connie!

There will be a hybrid lecture called: "Milton Grows Kickoff: Prep Your Garden for Winter" on Thursday, Oct. 20, at 7 p.m. You have a choice to attend via Zoom or in person in the Keys Community Room to participate in this informative talk. Join the Massachusetts Horticultural Society to learn the tips and tricks for a successful end of season in your garden, plus ask those burning questions about cover crops, mulching, plant hardening, and more.

The speaker will be Gretel Anspach, who is a Lifetime Master Gardener with the MA Master Gardener Association. A recently retired systems engineer from Raytheon, Gretel helped to establish and maintain two food production gardens that have provided fresh produce to the Marlboro Food Pantry for the last 10 years.

Milton Grows is a year-long intitiative for all ages focused on gardening and sustainability. It is funded by the Federal Library Services and Technology Act, administered by the MBLC, and supported by Sustainable Milton and the Friends of the MP. For more details and to sign up in advance, please go to the Milton Public Library website.



ON SATURDAY, OCT. 29, at 2 p.m. there will be an in person Concert featuring the fabulous vocalist Gordon Michaels, who will present: "Unforgettable – A Tribute to Nat King Cole." The event will be held in the Keys Community Room at Milton Public Library.

And last but not least, on Saturday, Oct. 29, at 2 p.m. there will be an in person Concert featuring the fabulous vocalist Gordon Michaels, who will present: "Unforgettable – A Tribute to Nat King Cole." This musical event, held in the Keys Community Room, will surely entertain all with tunes like "Unforgettable," "Route 66," "Autumn Leaves," "Don't Get Around Much Anymore," "When I Fall in Love," and more!

Michaels' powerful baritone voice, effortless delivery, and diverse stylistic range is perfectly suited to this repertoire. You don't want to miss a dynamic performer who has graced the stage with Patti Labelle, Jennifer Holiday, James Taylor, Rod Stewart, Cissy Houston, Keith Lockhart, and Tramaine Hawkins. This is his first written and produced one-man show and his longest running – for 25 years now.

Gordon is comfortable singing Broadway ballads, jazz standards and gospel, and seeing him is a real treat! To read more details about this entertainer, go to the Milton Public Library website: www.miltonlibrary and click on events and the date from the main page. Advance registration is not required for these concerts any longer – so please just come and bring the family! We hope to see you there.

All of these programs are kindly sponsored by the Friends of the Milton Public Library and by grants from the various agencies mentioned above including support by Sustainable Milton, and they are free and open to all. For questions, Email jhlady@ocln.org or call staff at (617) 898-4964. Please visit the Milton Public Library in October!

Mite Box Thrift Shop Open Sundays 1-5 P.M.

The Mite Box Thrift Shop at the Parish of St. Chrysostom, 1 Linden St., Quincy, is open on Sundays from 1 to 5 p.m.

The Sunday hours are in coordination with the Quincy Farmers' Market, which is operating on parish grounds during the same times. The Sunday hours will continue for the rest of the summer, through the end of October.

The thrift shop will return to a modified schedule in the fall. Look for fall opening announcement in the weeks to come.

More Quincy news:
The Quincy Sun.com

Kaylee Sleiman Awarded Lawrence Norton Scholarship

Kaylee Sleiman, a 2022 graduate of North Quincy High School, was recently awarded the 2022 Lawrence M. Norton Memorial Scholarship.

Larry Norton was president of the Quincy Vietnam Combat Veterans Combined Armed Forces Association and was also past commander of the Cyril P. Morrissette American Legion Post 294. Larry was very active in the American Legion, where he served in many capacities at the city, state, and national levels.



KAYLEE SLEIMAN

A proud veteran of the U.S. Marine Corps, Larry was well known and respected for his passion and selfless commitment to those who have served our nation. The scholarship is awarded annually by the Norton family to a graduating high school senior that is the child or grandchild of a veteran, who embodies the values of selflessness and servant leadership that Larry Norton is most remembered for.

Sleiman was a high honors student at North Quincy, and four-year member of the cheer team. She will study education at the University of Rhode Island.

Quincy Food Truck, Music Festival Saturday On Coddington Street

The City of Quincy's annual Food Truck & Music Festival will take place Saturday, Oct. 1st from noon – 6 p.m. on Coddington Street. The afternoon will include a wide variety of local bands, food trucks, and kids entertainment.

"Quincy's food truck and music fest has become an annual fall tradition in the City highlighting the local talents of musicians and chefs alike," said Mayor Thomas Koch. "It's a great afternoon packed with lots of family-friendly entertainment."

Musical acts include Brendan Ryan at 12 noon, Craig Carter and the Hurricane at 1:05 p.m., Joe Bargar and the Soul Providers at 2:15 p.m., Through The Doors at 3:05 p.m. and the Dirty Water Dance Band headlining the event at 4:45 p.m.

Kids entertainment on the lawn of the Thomas Crane Public Library include Magician & Mentalist George at 12 noon, Phillip Alexander Sing, Play, Grow at 1 p.m., East Coast Mobile Gaming Truck from 1 to 3 p.m., Through Me To You Puppetry at 3 p.m. and Stacey Peasley Quartet at 4 p.m.

Food trucks include Ellies Treats, Lolly Jolly Waffles, Trolly Dogs, Uncle Joe's Cannoli, Loco Larry's Tacos, Bon Me, Aahhh Roma, Blacks Creek BBQ, Montilios Pizza/Desserts, What's Up Cupcake, South Shore Taco Guy, Thyme Traveling, Local Motion Rice Bowls, Rockin Burgers, Wanderlust, Whoopie Pie Truck, Lobster Love, Mom's On The Go, Mamma Deb's, Cheesy Chicks, Away Café, Gonzalez & Sufra Mediterranean.

Beer and wine can be purchased from the Hive Mobile Bar.

For more information, follow the City of Quincy on Facebook, Twitter, Instagram and Nextdoor.

Hamel-Lydon Chapel To Present Lights Of Remembrance Event Oct. 13

After more than two years of pandemic mania, quarantining and wearing masks, Hamel-Lydon Chapel and Cremation Service of Massachusetts will be presenting an annual event to honor and remember those who have passed away through the years.

Hamel-Lydon's "Lights of Remembrance" event will be a special time and space for individuals and families to come together to honor the memories of loved ones. The inaugural remembrance event will be held on Thursday, Oct. 13, at the Tirrell Room, 254 Quarry St. in Quincy from 5 to 8 p.m.

All are welcome to come with a photo of their loved ones, decorate a bag and light a candle of remembrance.

Funeral Directors Christopher Goulet Sr. and Michelle Lydon, owners of Hamel-Lydon Chapel, said:

"The Lights of Remembrance inaugural event will be dedicated to those individuals we have lost due to COVID-19. However, the event is open for all to attend in honor of lost loved ones."

Friends and partners who help to make this event possible include Boston Love Letters, Chrissy Dalstrom Photography, the Cristiani family, Ginger Betty's, Harbor View Video, Holbrows Flowers, Justice Lydon & Co., M. Solomon Casket Company, Michael G. Bellotti, Michael W. Morrissey, Quincy Memorials, Red Tassel Strategies, The Tirrell Room, Vintage Strings and Whitman Burial Vault Company.

For more information about the Lights of Remembrance event, call Hamel-Lydon Chapel at (617)472-5888 or visit www.hamellydon.com/lights-of-remembrance.

QHS Women's Athletic Hall Of Fame Seeks Nominations By Oct. 3

The Quincy High School Women's Athletic Hall of Fame is looking for nominations for the 2023 induction ceremony.

The Hall of Fame Committee is looking for former QHS female athletes who graduated between the years 1970 and 1982 to be nominated. Player nominees must meet the following criteria to be eligible for the QHS Women's Athletic Hall of Fame:

1. Must be a QHS Graduate
2. Must be 10 years out of high school
3. Must be a league all-star/or all scholastic and/or received a varsity letter

Coaches may also be nominated for the Hall of Fame.

All nominations must be received by Monday, Oct. 3.

Send nominations with a brief resume of the player and/or coach being nominated to: christinebarrett@quincypublicschools.com.

Social

'Loud, Naked, & in Three Colors': An Evening With The Curators Sunday



ON SUNDAY, OCT. 2 spend an evening at the Eustis Estate with the curators of the exhibition "Loud, Naked & in Three Colors: the History of Tattooing in Boston." Beginning at 5 p.m. get an exclusive after-hours look at the exhibition followed by a question and answer session with curators Derin Bray and Margaret Hodges. Wine, beer, and refreshments are included with the ticket. Tickets are $25 for members; $35 for nonmembers. Advance reservations are required. Call 617-994-6600 or visit https://my.historicnewengland.org/13896/tattoo-with-curators for more information. The Eustis Estate is located at 1424 Canton Ave., Milton. *Courtesy Photo*

Shake-Scene Performance At Crane Public Library Oct. 23

The Thomas Crane Public Library invites the public to join Shakspearian performers Stephen Collins and Poornima Kirby on Sunday, Oct. 23 from 2 to 4 p.m. in the Richardson Building for a rollicking ride through some of the Bard's finest poetry and most compelling characters.

This special Shake-scene Performance features scenes and monologues from some of Shakespeare's best known plays, including Macbeth, Taming of the Shrew, Henry V, and Julius Caesar, this original compilation digs into universal themes such as the price of power, the risks of falling in love, and the what to do with a murder weapon.

The one-hour show also includes a lively "sonnet duel," plenty of playful banter, and fascinating historical context; and includes a question and answer session at the end. Come immerse yourself in Shakespeare's wit, wordplay, and timeless verse.

For more information and more events visit the Crane Public Library's online Events Calendar.

The Oct. 23rd performance is sponsored by the Friends of the Thomas Crane Public Library.

Firefighters Retirement Banquet Oct. 17

The Quincy Fire Department, IAFF Local 792 will hold its annual retirement banquet Monday, Oct. 17 at Florian Hall, 55 Hallet St., Boston.

Cocktail hour begins at 6 p.m. and dinner starts at 7 p.m.

This year's honorees are: Deputy Chief Paul Griffith, Captain Daniel Gorman Jr., Lieutenant Steven Infascelli, Lieutenant Myles O'Malley, Jr., Firefighter Paul Burke, Firefighter William O'Neil and Firefighter Patrick Ryan.

All active and retired members are invited to attend and honor the careers of these members.

Local 792 congratulates this year's retirees and their dedicated years of service to the residents of Quincy.

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Everyday Cupcakes

By MARIE

Today's recipe is one for "Everyday Cupcakes." This recipe is a simple, basic recipe for cupcakes and one that you can use anything you want to frost them.

Today I am sharing a jelly frosting recipe that goes very nicely with "Everyday Cupcakes."

Ingredients and Directions:

1 and ¾ cup all-purpose flour
½ cup butter
1 cup of sugar
2 and ½ teaspoons baking powder
½ teaspoon salt
1 egg
¾ milk
1 teaspoon of vanilla

Add butter and sugar to mixing bowl and mix well.

Then stir in all dry ingredients and mix until well blended.

Add the eggs and half of the milk and mix until well blended.

Add the remaining milk and vanilla and beat two minutes.

Fill cupcake tins one-half full and bake at 375 degrees for 18 to 20 minutes.

This recipe makes about 1 and ½ dozen cupcakes.

Frost with Jelly Frosting recipe below.

Jelly Frosting:

½ cup of Jelly (your choice)
1 unbeaten egg white
2 tablespoons of white sugar
A dash of salt

Add all ingredients to a double boiler and cook until stiff peaks form.

Remove from heat and beat until frosting becomes a spreading consistency - about 2 minutes

This frosting can also frost 2-inch cake layer or 18 cupcakes.

Healthy Grain-Free Cinnamon Raisin Cookies

By SUZIE

These cookies are certainly a treat and will give you a nice substitution for refined grain and sugar cookies.

High in protein, fiber, healthy fats, just enough sweetness and they really taste like oatmeal cookies. Lovely with a nice cup of tea or my favorite coffee substitute, Dandy-blend herbal coffee made from dandelion root.

*Please use organic ingredients to reduce toxic load on the body.

RECIPE

1/4 cup pasture butter (you may substitute virgin coconut oil)
1/3 cup raw honey
1 egg
2 tsp cinnamon
1/2 tsp nutmeg
1 cup almond flour
2 tablespoons coconut flour
2 tablespoons chia seeds
1/2 tsp baking soda
1/2 cup raisins

Preheat oven to 350 degrees.

(I use a beater for this step but you may use wooden spoon) cream together butter and honey well. Add egg and cream some more until mixture is very smooth.

Add flour slowly and incorporate well until there are no lumps along with the spices, soda and chia seeds. Add raisins last, stirring until well incorporated.

Bake on parchment paper (spooned about the size of ping pong balls) for about 12-15 minutes. Remove and flatten them a bit. Enjoy at any temperature! Freezes well also, if you happen to have any leftovers.

Granite Surpasses Annual Revenue Goal Of $1.8 Billion

Granite Telecommunications, a provider of communications service and technology solutions to multilocation businesses and government agencies, announces that it exceeded its 2022 fiscal goal of $1.8 billion in annualized revenue due to a record-breaking sales month in August 2022.

Continuing strong revenues in advanced voice and data products have fueled Granite's growth in 2022. In June, Granite reported revenues grew by $100 million annualized in less than six months to $1.75 billion. In recognition of the accomplishment, Granite rewarded all team members with $500 bonuses. Two months later, Granite has added another $50 million in revenue and issued another round of bonuses to its team, this time doubling the amount to $1,000 per person.

"Granite's accelerated growth speaks to our teammates' dedication to our customers," said Granite President and CEO Rob Hale. "No matter the voice, data or networking solution, we're committed to industry-best support and service with value and efficiency. We listen to our customers' needs and deliver. The results speak for themselves."

As a result of its unprecedented growth, Granite is expanding its workforce around the United States. The company has more than 200 high-paying opportunities in engineering, networking, system security, software development, application development and leadership. In these roles, Granite's team members design, build and implement communications solutions for a diverse client base, including more than two-thirds of Fortune 100 companies and numerous federal and state government agencies. For more information on career opportunities, visit www.granitenet.com/Careers.

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Movie Review: 'The Woman King'

By BOB GARVER



Last week I wrote that critics were a little too eager to embrace the random-twist horror movie "Barbarian" because the release calendar was in a slump and there hadn't been a good movie in a while. If those critics had just waited a week, they could have embraced "The Woman King," an audience-pleasing historical epic with a chance to make some real money and maybe pick up a few awards. As it is, the film will still deservedly be seen as a creative and commercial success, but I'm disappointed that it won't get more recognition for saving us from the August-September slog.

The film follows the Agojie, an army of female warriors that protect the African kingdom of Dahomey in the 1820's. The women, led by General Nanisca (Viola Davis), dispatch slavers from the rival Oyo Empire who want to sell captured women to Europeans. Dahomean king Ghezo (John Boyega) also deals with selling slaves to the Europeans. Nanisca wishes he wouldn't deal in slaves and instead trade something harmless like palm oil. She has his ear to a degree as a general, but she would have real influence if he were to give her the title of Woman King. Not a queen, to be clear, but a Woman King, a woman with kingly importance. But no woman has been given that title in decades. Nanisca would have to do something outstanding to earn it. Given that it's the title of the movie, I'd say it's likely that Nanisca will indeed do something outstanding.

The ranks of the Agojie are often filled with women freed from the Oyo, but some come from within Dahomey itself. Nawi (Thuso Mbedu) is a young woman given to the king by her callous adoptive father because she won't marry a rich scumbag who beats her. She quickly decides that the wife life isn't for her and signs on to become an Agojie. She still takes a beating, in a manner of speaking, but it's on her terms. She doesn't have much natural skill, but thanks to perseverance and the tutelage of her trainer Izogie (Lashana Lynch), she finishes first in her class. This gets her the attention of Nanisca, who sees a lot of herself in Nawi.

Nawi's performance at her graduation also gets her a different kind of attention from Brazilian trader Malik (Jordan Bulger), the kind that is forbidden in the Agojie. I'd like to say that the romantic subplot is dull and unnecessary, but this movie couldn't be dull if it tried. Malik warns Nawi of an impending attack by the Oyo, led by the fearsome Oba (Jimmy Odukoya), with whom Nanisca has history.

Can the Agojie defeat the Oyo and their European allies? Will anyone be named the Woman King? Will there be incredible performances along the way? I can't get into spoilers for those first two questions, but can answer the third with a resounding yes. Davis, Mbedu, and Lynch are all going to be forces in the next Oscar race. Here's a fun game you can play as you watch: try to guess which ten-second clips will be used to represent each actress at the ceremony. You'll find no end of excellent choices.

Surprisingly, it's the action scenes that are the weakest parts of "The Woman King." Much of the fighting is blade-based, and some of the sequences have to be confusing and obscured so the film can cling to its PG-13 rating. But what the film lacks in battlefield drama, it more than recuperates in human drama. For the first time in a long time, I heard heartfelt cheering and gasping from an audience that was invested in characters they had known for only a few minutes. Most franchise pictures can't pull that off with characters audiences have known for years. I hope this movie reigns atop the box office for a good long while.

Grade: A-

"The Woman King" is rated PG-13 for sequences of strong violence, some disturbing material, thematic content, brief language and partial nudity. Its running time is 135 minutes.

Contact Bob Garver at rrg251@nyu.edu.

Bethany Congregational Church

Bethany Congregational Church invites the public to its monthly Communion Service Sunday, Oct. 2. The service begins at 9:30 a.m.

Rev. Patrick McCorkle will be preaching his sermon. There will be no church school this week.

The Sunday Service will be available on line via YouTube. Go to the church website for the link, or directly to YouTube. For all events at Bethany Church, masks and sanitizer are available.

On Oct. 15th, at 7 p.m., Bethany Church will be screening the 1923 version of "Hunchback of Notre Dame" – a silent movie starring Lon Chaney. Peter Krasinski will be playing his improvised accompaniment on the church organ. Krasinski has shared his skills around the world.

The Prayer Shawl Ministry has been meeting on alternate Fridays with the next meeting on Oct. 7 at a location to be announced. If you like to knit or crochet, or would like to learn, please join us. Call the church for information.

Broad Horizons Preschool is open and accepting students both full and part-time, for the fall session. To inquire and/or fill out an application, go to the website at Broadhorizonsbethany.com or call 617-471-0022.

Bethany Congregational Church is located at 18 Spear St., Quincy. The website is: bethanycongchurch.org. Email address is: bethanycongchurch@yahoo.com. Telephone number is: 617-479-7300.

More Quincy news:
The Quincy Sun.com

Social Security Matters

Ask Rusty – About Applying For Social Security Benefits

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I will be turning 65 this December and will most likely continue working until July of 2024 at my current job. It is possible I could leave a year earlier. With that being said, when should I submit paperwork to start collecting Social Security benefits? Is there anything I should know previous to applying that will make sure the process is relatively seamless? **Signed:** ***Ready to Retire***

Dear Ready to Retire: Social Security recommends you apply for benefits 2 to 3 months before you wish your benefit payments to begin, but you can apply up to 4 months prior. When you apply, you will specify your desired benefit-start-month on the application, and that is when your benefits will start. Be aware that Social Security pays benefits "in arrears," meaning your benefit is paid in the month following the month earned. So, for example, if you apply for your benefits to start in January your January benefit will be paid in February.

The exact date of your payment depends on the day of the month you were born – born between the 1st and 10th of the month, you get your payment on the 2nd Wednesday; born between the 11th and 20th of the month, payment is made on the 3rd Wednesday; born after the 20th of the month your payment will be received in your bank account on the 4th Wednesday of every month.

You can apply in person, either over the phone or by visiting your local Social Security office, or you can apply for your benefits online at www.ssa.gov/retire. Applying online is, by far, the most efficient method. To apply online, you will first need to set up your personal "my Social Security" online account which is easy to do at www.ssa.gov/myaccount. I suggest you create your online account now, even if you don't plan to claim your SS for a while yet. Once you have your online account set up, you can see your estimated benefit amounts at different ages, which can help you decide when to claim.

Since you are still working, you should be aware that if you claim at any time prior to reaching your full retirement age (FRA) you will be subject to Social Security's earnings test. If you will be 65 in December 2022 your FRA is 67, and that is the point at which you will get 100% of the SS benefit you've earned from a lifetime of working. If you claim any earlier, your benefit will be permanently reduced, and the Social Security "earnings test" will apply. The earnings limit for 2023 will be a bit more than the 2022 limit of $19,560. If you are collecting SS and exceed the earnings limit, they will take away benefits equal to $1 for every $2 you are over the limit. In the year you reach your FRA (2024) your earnings limit will be about 2 ½ times more than the normal annual limit and the penalty is less, and once you have reached your FRA there is no longer a limit to how much you can earn. For clarity, you can also wait and claim after your FRA and gain a higher benefit (your benefit will grow up to age 70).

So, how can you make the process "relatively seamless?" Create your online "my Social Security" account in advance and verify that your lifetime earnings as recorded by Social Security are accurate. Then, when you're ready to claim, simply go to www.ssa.gov/retire and follow the instructions. The online application process is quite intuitive, and you should have no trouble even if you have limited computer skills. Social Security will contact you if they need more information after you apply online. Of course, you can also apply whenever you're ready by calling Social Security to make an appointment to apply over the phone but applying online is much more efficient.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory) or email ssadvisor@amacfoundation.org.

$100 Million Available For Public Schools To Make HVAC, Air Quality Improvements

Cont'd From Page 2

tens of thousands of students and educators in hundreds of school buildings across the Commonwealth."

"Since the start of the pandemic, the legislature has focused on working towards an equitable and evidence-based recovery that helps deal with the present impacts of COVID-19, while also preparing for the future," said Senate President Karen E. Spilka. "By providing funding for HVACs through 2027, our hope is to support public health and education initiatives by giving schools the state-of-the-art air filtration systems they need and deserve."

"Ensuring that all public schools in the Commonwealth are equipped with quality ventilation systems, especially schools in communities that have been disproportionately impacted by the pandemic, is critical for supporting student well-being and success," said House Speaker Ronald J. Mariano. "I'm proud of the work that was done in the House to initiate this funding to improve air-quality in our school buildings and provide healthy learning environments for students, educators and staff. I want to thank my colleagues in the legislature for prioritizing these vital investments."

School districts can apply for the grants to make HVAC systems and indoor air quality improvements, which could include:

- Needs assessments of existing school environments, HVAC systems, and indoor air quality to establish a baseline of a school's existing conditions
- Feasibility studies to develop long-term indoor air quality plans that improve fresh air exchange rates and reduce or eliminate reliance on fossil fuels
- Design, bidding assistance and construction phase services for projects to upgrade or replace existing HVAC systems
- Implementation of indoor air quality improvement plans, securing outsourced services, establishing in-house HVAC maintenance positions, and securing equipment to maintain, repair or install new HVAC systems
- Implementation of indoor air quality improvement plans, securing services and materials to ensure operability of windows and doors

"We are very pleased to be able to provide this funding to school districts to improve HVAC systems and air quality in classrooms for students and staff. This grant program will give schools the flexibility to make improvements that best suit their needs. For example, upgrades and replacement of windows and doors is allowable if they are inoperable and prevent fresh air from flowing into the building," said Education Secretary James Peyser.

Eligible schools can find out more information here: https://www.doe.mass.edu/grants/2023/209/.

Quincy Arts Council 2023 Grant Applications Available Online

Quincy Arts Council is now accepting applications for Massachusetts Cultural Council 2023 Local Cultural Council (LCC) grants.

The LCC grants are the primary means by which the state funds cultural activities in local communities. Any organization, group, or individual engaged in a project in the arts, humanities, or interpretive science in Quincy is invited to apply.

Applications are completed and submitted online. Paper applications are not accepted. The deadline for completing and submitting an application is Monday, Oct. 17.

Applicants should go to masculturalcouncil.org/quincy to begin the application process.

For more information about the application process email quincyartscouncil@gmail.com or call 617 773-1144.

ON THE MOVE ..

Seems like just yesterday but was oh so long ago..

We were Realtors at the time having worked for an extraordinary Broker since 1979, which was 4-years prior to our purchase of 747 East Squantum Street. We purchased our building in 1983. It was not our intent to open our own real estate company; we lived in Quincy since 1974, and we were proud to own another small corner of the place we called home, Quincy's Squantum Peninsula.

A couple of short years later, 1985, we were proud to pronounce the opening of our own company, **Stamos & Stamos Realtors**, at 747 East Squantum Street! From that year to this, we have enjoyed every moment and memory experienced in, and because of, the events that occurred in that building. We intend to continue to do so from our 'new' location and business model.

Due to all the changes that occurred during the year plus of C-19 and our physical absence from our physical office and changes in the way our profession was being practiced, we were confronted with the bittersweet aspect of 'choice'. Like so many others in our profession, and otherwise, we were 'doing business' from home. Our business model had changed.

This decision has been long in the making. On September 29, 2022, we will be closing our office door for the last time. We will be practicing our 43-year Real Estate Profession from our Squantum home office.

To our clients, neighbors, friends, and the drop-in-to-pass-the-time-of-day-crowd, to **ALL** who have entered our door over these 37-years, sincere thanks for making our days, our years and career the pleasure it has been. We look forward to continuing to work with you and sharing our 43-years of knowledge, service, experience in the Real Estate Profession. Stay in touch.

For all your real estate needs and to continue to enjoy the benefits of Stamos & Stamos' years of service, knowledge, experience, and expertise in the Quincy and South Shore real estate market, call our residence phone: 617-328-9400 OR Jim Stamos at 617-733-3192.

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

On Saturday, Sept. 17th, at approximately 5 a.m., Officer DeCristofaro responded to reports of two males wearing dark clothing pushing mopeds up Main Street towards Oak Street.

Officer DeCristofaro activated his emergency blue lights and proceeded towards Main Street. Based on his training and experience, Officer DeCristofaro found this to be suspicious for several reasons.

Specifically, the City of Quincy has had a string of stolen mopeds throughout the city in the past few weeks. Officers have been made aware of these recent larcenies through department e-mails and in roll call. If these individuals did own the mopeds, they would have keys to start them and the two parties would not need to discreetly push the mopeds up the street. The timing, 5 a.m. on a Saturday morning, is also a suspicious time to be out pushing the two mopeds up a street.

As Officer DeCristofaro approached Main Street, Officer Ken Wood, who also responded, stated over the radio that he spotted both suspects running down Oak Street towards South Walnut Street. Officer DeCristofaro backed down Main Street and proceeded up South Walnut Street. As he drove up South Walnut, he observed Officer Wood in front of 116 South Walnut St. The individual matched the description given by the reporting parties. Officer Wood told the suspect to get on the ground. Officer Wood then placed the suspect into handcuffs.

Officer Wood deployed his canine partner, Murphy, to search for the second suspect. Officers were unable to locate the individual. After the search ended, Officer DeCristofaro went back to Main Street to speak with the reporting parties. The reporting parties stated that they were woken up by the suspects trying to start the mopeds with the clutch. Both witnesses stated that the suspects were using their feet and kicking the clutch on both mopeds, trying to get them to start at the corner of Oak Street and Main Street.

Officer DeCristofaro located both mopeds at the corner of Oak Street and Main Street. One of the mopeds was a blue 2007 Peace moped. The front plastic hood was taken off and was on the ground. Part of the floor board was also taken off so that the battery was exposed. The second moped was a 2017 Jiaj, Wicked 50. The moped was spray painted black but its base color was white. The seat to the second moped was lifted and there was an empty black spray paint can, a bayonet style knife with a sharpened edge on one side and a serrated edge on the other side, a wrench, an allen wrench, and a wrench attachment.

The 18-year-old male from Union Street, Quincy was arrested and charged with two counts of possession of a burglarious instrument, two counts of defacement of property, and two counts of larceny over $1,200. Officers attempted to contact the owners of the mopeds, but have been unsuccessful. Detectives will continue to identify the remaining suspect.

Great work!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, SEPT. 16

VANDALISM/PROPERTY (gate broken), 9:13 a.m., Elmwood Avenue. Gate to yard is smashed. Notified DPW a sign was damaged at Elmwood and Arlington Street. Report to be filed.

LARCENY (cell stolen), 10:54 a.m., Hancock Street. Arrest made. Female drove away in gray Toyota Corolla towards North Quincy. Plate number provided. Female victim was spit in face, in the crosswalk. Driver parked car, pulled cell phone from reporting party's hand and then fled. Driver is black female with green hair. Officer out with suspect at McGrath and Newcomb. Vehicle towed. Arrest made. Officer returning phone to victim.

LARCENY (catalytic converter), 4:12 p.m., Fenno Street. Reporting party states around 1:45 a.m. last night a catalytic converter was taken from his Prius in his driveway. Report to be filed.

LARCENY/MOTOR VEHICLE, 6:31 p.m., Copeland Street. Stated he was driver for GrubHub and car is gone. Stolen MV form filed.

SATURDAY, SEPT. 17

LARCENY/MOTOR VEHICLE, 1:18 p.m., Scammell Street. Motorcycle last seen at 11:30 p.m. on Sept. 16. Form filled out.

LARCENY (cell phone), 2:56 p.m., Willard Street. Employee had cell phone stolen. Has video footage of suspect. Report.

SUNDAY, SEPT. 18

BREAKING AND ENTERING/PAST (male entered), 10:53 a.m., Holmes Street. Happened within the hour. Employee keeps coming in unit for no reason. Enters daily with key, has been asked to stop entering. Turns reporting party's room camera off when he enters unit – deleted the live video. Male moves items around. Never any damage to door entrance, always uses an authorized property key. Reporting party will take to case worker regarding the incidents.

MONDAY, SEPT. 19

LARCENY (larceny of item), 12:29 p.m., Hancock Street. Co-worker stole item from reporting party. Suspect denies taking the hand carved puppet. Report to be filed.

BREAKING AND ENTERING/PROGRESS (neighbor), 5:10 p.m., Quarry Street. Gone on arrival. Reporting party states neighbor broke into her apartment and beat her up. Will be black Toyota Highlander. Reporting party refusing EMS. Suspect black female wearing hoodie. Refused EMS. Suspect gone on arrival. Report to be filed. Victim to stay at a friend's house tonight.

LARCENY/MOTOR VEHICLE (past), 6:42 p.m., Wayland Street. See caller in QPD lobby. Vehicle was parked in driveway. Report to be filed.

LARCENY/MOTOR VEHICLE (possible), 8:19 p.m., Granite Street. Last seen yesterday around 3 p.m. Stolen motor vehicle form filled out.

TUESDAY, SEPT. 20

VANDALISM/PROPERTY (graffiti), 10:03 a.m., Washington Street. Spray paint on building. DPW cleaned building off. Case number provided and photos taken.

LARCENY (multiple packages), 11:03 p.m., Winter Street. On video. Party took many packages from the lobby over the past week. Report filed.

LARCENY (package), 1:07 p.m., Winter Street. Package stolen. Report to be filed.

INDECENT EXPOSURE (in custody), 4:51 p.m., Washington Street. Arrest made. ACU7 reports one in custody for disorderly conduct. Requesting marked cruiser for transport. One under arrest for open and gross. Report to be filed.

LARCENY (sneakers), 8:25 p.m., Commander Shea Boulevard. Reporting party states an employee took over $10,000 worth of sneakers about an hour ago. Employee is still on scene. One under arrest for larceny over and larceny by scheme.

WEDNESDAY, SEPT. 21

BREAKING AND ENTERING/PAST, 10:04 a.m., Granite Street. Broke in through back door. Report to be filed.

BREAKING AND ENTERING/PAST, 10:14 a.m., Beale Street. Report to be filed.

LARCENY/ATTEMPT (saw), 10:21 a.m., Billings Road. Asian male last seen wearing black jacket. Party known to victim. Nissan van white unknown direction. Reporting party got his saw back. Charges filed for larceny over.

BREAKING AND ENTERING/PAST, 10:27 a.m., Beale Street. Back door forced open. Report to be filed.

LARCENY/MOTOR VEHICLE (black Jeep), 6:35 p.m., Coddington Street. Stolen wallet and keys were taken from locker as well. Report to be filed.

LARCENY (sneakers), 7:23 p.m., Coddington Street. Report to be filed.

Total Calls For Service (Sept. 16 - Sept. 21): 1,363

Larceny Motor Vehicle: Coddington Street, Quincy Avenue, Scammell Street, Copeland Street, Granite Street, Wayland Street

Breaking & Entering in Past: Beale Street (2), Granite Street

Breaking & Entering Motor Vehicle: Maple Street, Independence Avenue

Breaking & Entering in Progress: Quarry Street

Entries in the Quincy Police Crime Awareness Journal are compiled and submitted by the Quincy Police Department. The following are included in the journal:

Assault and battery, breaking and entering/progress, breaking and entering/attempted, larceny over/under, attempted larceny, larceny motor vehicle, armed robbery, attempted rape, vandalism private property and indecent exposure

The journal is published by *The Quincy Sun* as a public service to make local residents more aware of crime activity in their neighborhood.

Readers and the public are also welcome to view the Press Journal that is published (on Tuesday) of every week on the Quincy Police website: https://www.quincyma.gov/departments/police/resources/press_journal.php#outer-88

BBB Scam Alert: That Pile Of Cash Might Be A Money Pit!

Cryptocurrency Investment Scams Take To TikTok

By BETTER BUSINESS BUREAU

Money-flipping cons have long been popular on Instagram and Twitter. But as TikTok's popularity grows, so do the con artists.

Watch out for this TikTok scam, which promises to turn a few hundred dollars' worth of cryptocurrency into thousands in no time at all. BBB is seeing many new reports in BBB Scam Tracker related to this money-flipping scam. Here's what you need to know.

How The Scam Works

You are scrolling through TikTok when you come across a video showing a pile of cash. The creator says they earned the stack of money in just a few days by investing in cryptocurrency. You may not know much about cryptocurrency, but this "investor" can help you get the same kind of return for a modest fee. Better yet, they have a 100% guarantee that they can triple your money in less than a week.

When you contact the supposed investor, likely through WhatsApp, Telegram, or another messaging app, they will be polite and professional. They will ask you to send money – usually, a few hundred dollars to start – through a digital wallet service like PayPal, Zelle or Venmo. They may even ask you to purchase the cryptocurrency yourself and send it to them. Then, they "invest" your money in the stock market, where it allegedly starts multiplying right away.

As always, the scam isn't what it seems. When you try to get your money back, the scammer will claim you need to pay fees. At first, these amounts may seem harmless. Since your few hundred dollars now turned into a few thousand, what's the harm in spending a couple hundred in fees, right?

Scammers try to extend this con for as long as possible to get as much money as they can. They may ask for fees several times, always promising you will get much more back than what you are spending. If you question them, they may resort to scare tactics, telling you that if you don't pay, you'll miss out on the giant return or that they can take legal action. Unfortunately, any money you send will end up in the scammer's pockets. You won't be getting a return on your investment, and you won't be getting your initial deposit back either.

How To Avoid Money Flipping Scams

• **Use good judgment**. Get-rich-quick schemes and investments that are guaranteed to give you a huge return are nearly always scams. If an offer sounds too good to be true, it probably is.

• **Do your research**. Before you contact someone through TikTok or another social media platform, look up their name, phone number, and company name (if they have one) online. If they have conned others, you'll likely find complaints online about it.

• **Don't give into scare tactics**. If an "investor" contacts you, they may try to convince you the investment will only work if you act right now. Or, if you've already sent them funds, they may threaten you with legal action if you don't pay their fees. In any case, don't give in to scare tactics. Recognize them as the hallmarks of a scam.

• **Understand how digital wallet services work**. Treat any money you send through a digital wallet service like cash. Once you send the money, there will be little you can do to get it back if it turns out you were scammed. It's best to use these apps only with people you know and trust.



MILDRED AND ANTHONY VENTO (above) are celebrating their 70th wedding anniversary. The Ventos were married Sept. 28, 1952 at Gate of Heaven Church in South Boston (photo below). *Courtesy Photos*





ANTHONY AND MILDRED VENTO on their wedding day Sept. 28, 1952.

Mildred And Anthony (Tony) Vento Celebrating 70th Wedding Anniversary

By MILLIE VENTO

I would like to wish my incredible parents, Mildred and Anthony (Tony) Vento, a very happy 70th wedding anniversary. Mildred and Tony were born and raised in South Boston, in the 1920s. They both came from close-knit families. Family was everything to both of them.

Mildred and Tony each attended South Boston High School. They met each other a few years after school. My father is a professional jazz musician playing the saxophone, flute and clarinet. My mother is a professional singer. This is how they met, music brought them together.

In the 1950s, Blinstrub's a was legendary nightclub in South Boston, where many famous bands per-

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AUCTION

Please take note **Go Store It Self Storage** located at 480 Center St Quincy, MA 02169 intends to hold an auction of goods stored in the following units to satisfy the lien of the owner. The sale will occur as an online auction via www.storagetreasures.com on 10/20/2022 at 10:00 am. *Content described below to those listed below.*

D0993- Vanessa Smith – Clothes, Miscellaneous household goods, Furniture, electronics, decorative painting. Purchase must be paid at the above referenced facility to complete the transaction. Go Store It Self Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property. *Please contact the property with any questions 617-328-4200.* 9/29, 10/13

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REPORT POTHOLES

Potholes are a year-round problem and should be reported to the Department of Public Works
617-376-1914

Want to pick up a copy of The Quincy Sun?
Here are stores in Quincy that sell it on their newsstands:

Goodie's Store, 1250 Hancock St., Presidents Place
New Store on the Block, 1183 Hancock St., Quincy Ctr. T Station
Hancock Market, 1520 Hancock St.
Mignosa's Fruit Basket, 138 Granite St.
Star Market, 130 Granite St.
Walgreens, 132 Granite St.
Franklin St. BP, 60 Franklin St.
7-11, 78 Franklin St.
Shop N Save Liquors, 20 Independence Ave.
Donut + Donuts + Muffins, 33 Scammell St.
Presidential Liquors, 25 Scammell St.
Adams Variety, 22 Independence Ave.
Daily Mart, 291 Quincy Ave.
Walgreens, 418 Quincy Ave.
Walgreens, 550 Adams St.
Artery Grocery, 1000 Southern Artery
7-11, 495 Washington St.
Dairy Farm, 330 Washington St.
Quincy Market, 33 Washington St.
7-11, 230 Washington St.
Stop & Shop, Southern Artery
CVS, Southern Artery
7-11, 650 Adams St.
Village Common Mkt., 100 Willard St.
Copeland Liquors, 273 Copeland St.
Granite Mart, 308 Willard St.
7-11, Copeland St.
Joe's Place, 260 Centre St.
Corner Food Market, 1060 Hancock St.
200 Food Mart, 200 Sea St.
Adams Shore Supermarket, 494 Sea St.
Palmer St. Market, 231 Palmer St.
Bernie's General Store, 1147 Sea St.
7-11, 721 Hancock St.
CVS, 42 Beale St.
Beale St. News and Tobacco, 17 Beale St.
Coffee Break Café, 12 Old Colony Ave.
Supreme Liquors, 615 Hancock St.
Squantum Market, 205 W. Squantum St.
Stop & Shop, 65 Newport Ave.
7-11, 363 Hancock St.
Walgreens, 324 Hancock St.
Sam's Variety, 125 Billings Rd.
Lucky's Wine & Liquor, 66 Newbury Ave.
Atlantic Market & Liquors, 247 Atlantic Ave.
Carmine's Café, 69 Huckins Ave.
7-11, 751 E. Squantum St.
Lucky Shamrock, 265 Beale St.
Everest Market, 121 Standish Ave.
5 Corner Food Mart, 163 Newbury Ave.
West Elm Variety, 139 W. Elm Ave.

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RATES

1 WEEK ❑ $9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS ❑ $8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

5-10 WEEKS ❑ $7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

11 WEEKS OR MORE ❑ $7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

OBITUARIES

John T. Slomkowski, 71



JOHN T. SLOMKOWSKI

John T. Slomkowski of Pawtucket, R.I., formerly of Braintree, MA and Quincy, MA passed away on Thursday, Sept. 15, 2022. He was 71.

He was born in Quincy, MA to Olga (Lemanski) and Thaddeus Slomkowski. John grew up in Quincy and went to Boston College High School. He attended Boston University and then went on to work as an accountant with the Marriot Hotels. Later he worked as a chauffeur.

John loved anything having to do with automobiles and an amazing sense of direction. You could call him lost in Boston and he would be able to provide step by step directions to wherever you needed to be.

He was also a history buff and had a wealth of knowledge and facts, that he loved to share with his kids and grandkids. He valued time with family and friends above all else. He loved road trips, cooking, entertaining and fishing. He also spent a lot of time gardening both flowers and vegetables. He had a knack for making the yard ook picture perfect. John was selfless, and thoughtful. He would help anyone in need if he could, and he taught this compassion to his family. He put so much energy, time, love and thought into buying presents for loved ones. He always found the perfect gift. John always found a reason to laugh and had a great sense of humor. He will be dearly missed by all who knew him.

Devoted father of Catherine Slomkowski of Milford, MA and Andrea Slomkowski of Providence, R.I. Loving brother of Christine Barney, Johanne Haigney, Victoria Devlin, and the late Barbara DiMarino. Cherished grandfather of Camille, Jake, Michael, Pierce and a granddaughter who is on the way. Also survived by many nieces and nephews.

Relatives and friends are respectfully invited to the graveside service, which will be held at 11 a.m. on Friday, Sept. 30, at Blue Hill Cemetery.

Funeral arrangements by the Keohane Funeral Home, 785 Hancock St., Quincy.

Joan M. Cahill, 88



JOAN M. CAHILL

Joan Marie (Powers) Cahill, of Linden Ponds, Hingham, formerly of Braintree and Quincy, passed into the presence of Jesus on Wednesday, September 21, 2022, surrounded by her cherished family. She was 88.

Born in Boston on February 21, 1934, she was the daughter of the late Joseph J. and Mary F. (Cardarelli) Powers of Dorchester.

Joan was the devoted and loving wife of Charles H. Cahill for 60 years. She was the beloved mother of Susan J. Williamson and her husband Robert of Maine, Lynn M. Cahill of Weymouth, Lauren J. Racine and her husband James of West Roxbury, and Beth A. Solari and her husband Daniel of Hanover. Joan was blessed with eight grandchildren: Alex Williamson (Erika) and Lucy Foss (Isaac), Gabriel, Victoria, and Jacqueline Racine, Charles and James Solari and grandmother of the late Emma Williamson. Also survived by many nieces and nephews. Preceded in death by her siblings: the late Joseph J. Powers of New Hampshire and the late Robert E. Powers of Quincy.

Joan's life and relationship were grounded in her faith, a gift she passed on to her children and grandchildren.

Relatives and friends are respectfully invited to greet the family during the visitation on Monday, Nov. 7, 2022, from 10-11 a.m. in the Pyne Keohane Funeral Home, 21 Emerald St. (off Central Street), Hingham.

Her funeral service will be held on Monday, Nov. 7, 2022, at 11 a.m. in Pyne Keohane Funeral Home, Hingham.

Services will conclude with interment in the Massachusetts National Cemetery, Bourne at 2 p.m.

In lieu of flowers, memorial contributions may be sent in Joan's name to: Cystic Fibrosis Foundation, 220 N Main St., #104, Natick, MA 01760 or by visiting: www.cff.org or Neurofibromatosis Northeast, 9 Bedford St., #3, Burlington, MA 01803 or by visiting: www.nfnortheast.org.

See www.Keohane.com for directions and online condolences.

Kevin P. O'Keefe, 57



KEVIN P. O'KEEFE

Kevin P. O'Keefe, of Quincy, died suddenly Sept. 23, 2022 at the age of 57.

Kevin was handy and could fix anything. He worked for many years as a bus mechanic for the MBTA. He enjoyed snowmobiling, fishing, and boating.

He was the loving father of Logan P. O'Keefe of Braintree. Son of the late Christine (Rupp) and Joseph O'Keefe. Former husband of Liz O'Keefe of Braintree. Brother of Susan Valday of Braintree; Dennis O'Keefe and his wife Belina of Lowell; Diane Sullivan and her husband Dan of Pembroke; and the late Joseph O'Keefe and his wife Diana of Norwell, formerly of Braintree. Also survived by many nieces and nephews.

A funeral Mass was celebrated Wednesday in St. John's Church, Quincy.

Burial in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Donations in memory of Kevin may be made to the American Heart Assoc., P.O. Box 417005, Boston, MA 02241. See www.Keohane.com for directions and online condolences.

Jeanne Ackiss Davis, 96



JEANNE ACKISS DAVIS

Jeanne Ackiss Davis, of Milton, formerly of College Park, Maryland and Dallas, Texas, died peacefully on Thursday, Sept. 22, 2022, at the Beth Israel Deaconess Hospital in Milton. She was 96.

Born in Washington, D.C. on Nov. 7, 1925, she was the daughter of the late Dr. Smallwood Ackiss and the late Thelma (Davis) Perry. Jeanne was raised in Washington, D.C., and Oklahoma City, and attended local schools. She earned her undergraduate degree from Northwestern University and her master's degree in Social Work from Saint Louis University. Jeanne worked as a Medical Social Worker for many years and retired in 2015 at the age of 90. She loved her work and the relationships she built throughout the years.

Jeanne had an entrepreneurial spirit. In 1977, Jeanne founded Astrol-Items, Inc., a business that marketed unique zodiac symbols that she designed. Jeanne also had a deep faith, and in 1982, she published a book of poems "On Wings of Jehovah", Inspired Verses of Salvation. During her lifetime she was a member of several social clubs, including AKA Sorority, The Smart Set, The Set, Links, Inc., The Circle-Lets, Inc. and many others.

Jeanne was the beloved wife of the late Dr. Frank L. Davis Jr., who died in 2000. The two married on Sept. 14, 1956 and together they shared 44 years of marriage. She was the devoted mother of Terri T. Davis of Boston, and Frank L. Davis III and his wife Beth of Milton. Jeanne was the loving grandmother of Molly C. Davis of New York City, and William L. Davis of Washington D.C. She was the dear sister of Dorothy Patricia Simmons and her husband William of Philadelphia, Bobbie Polston and her husband Kenneth of Maryland, and the late Dr. Smallwood Ackiss, Jr. and his surviving wife Valerie of Virginia. Jeanne is also survived by many loving nieces, nephews, extended family, and friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Thursday, Oct. 6 from 3 to 7 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

Jeanne will be interred privately in Arlington National Cemetery, Arlington, Virginia.

In lieu of flowers, memorial contributions may be sent in Jeanne's name to The Black Academy of Arts and Letters, 650 S Griffin St., Dallas, TX 75202 or by visiting: https://www.tbaal.org/donate/.

See www.Keohane.com for directions and online condolences.

Douglas J. Connolly, 63

Douglas J. Connolly, age 63, of Weymouth, died suddenly, Monday, Sept. 19, 2022, at home.

Douglas was born in Boston, to the late Barbara A. (Carroll) and Patrick L. Connolly, Boston Police Department, Retired. Raised in North Quincy, he was a graduate of North Quincy High School, Class of 1978. He earned his Associate's degree in business management from Quincy College.

Doug lived in Weymouth for many years.

Doug was employed as a department manager for Stop & Shop in Hingham for many years, and was a member of United Food and Commercial Workers Union Local 328.

Devoted father of Daniel J. Connolly and his wife Mikaela, Andrew J. Connolly, and Ryan Kliphan, all of Weymouth.

Dear brother of Patrick L. Connolly, Jr. and his wife Maureen of Scituate, Brian J. Connolly of Weymouth, Gary F. Connolly of Quincy, Gerald V. Connolly, Quincy Police Department and his wife Ann Marie of Marshfield, Christopher J. Connolly of Marshfield, Noreen E. Keeley of Dorchester and her late husband Michael, and the late Janet M. Connolly.

Loving uncle of Joshua Kliphan of San Diego, Calif.

Former husband of Tamar A. "Tammy" (Kliphan) Connolly of Weymouth.

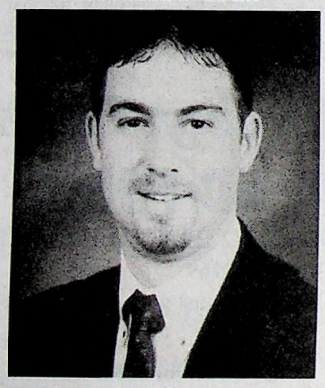
Doug is also survived by many nieces and nephews.

A memorial funeral Mass was celebrated Tuesday, Sept. 27 at Our Lady Queen of Peace Parish in Sacred Heart Church, 72 Washington St., Weymouth.

In lieu of flowers, donations in Douglas' memory may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

IN MEMORIAM



In Loving Memory Of
STEVEN V. BARRETT
23rd Anniversary • 9/30/1999 - 9/30/2022

Twenty three years have passed
Since you left us,
For your home so far away.
We loved you then,
We love you now,
And miss you more each day.

Love Dad, Bev, Christine, Nancy, Ed, Ashley, Steven, Lauren and Meghan



Honor Your Loved One's Memory With Flowers

cliffords.com
1.800.441.8884

OBITUARIES

Paul K. 'PK' McKeen, 56

Paul K. "PK" McKeen, 56, of Quincy passed away suddenly on Sept. 25, 2022.

Paul was born and raised in Quincy and lived here his whole life. Paul graduated from Quincy Vo-Tech and spent majority of his working years with JN Phillips Auto Glass and Greater Boston Management. He loved meeting new people and telling all his stories and jokes to anyone who would listen.

Paul will be remembered for being a funny and loyal friend who would drop everything to help without question. He was a proud father and papa, who enjoyed watching his grandson Aidan play sports.



PAUL K. 'PK' McKEEN

Paul leaves behind his beloved wife of 33 years, Brooke (Smith) McKeen. Loving father of Paul M. McKeen and Adam McKeen of Quincy. Cherished Papa of Aidan McKeen of Hull. Dedicated son of the late Paul McKeen and Alice Ryan. Beloved brother of Lisa Palmer and her husband Tommy of Quincy, Allison Neff and her husband John of Braintree, and the late Pamela Delorey and her husband John Delorey of Quincy. Loving uncle of Christine Delorey, Melissa Hunt, Amanda Matthews, Meredith Palmer, and Matthew Palmer. Along with many loving family and friends.

PK will be forever missed and will always hold a special place in our hearts.

Relatives and friends are respectfully invited to attend visitation from 11 a.m. to 2 p.m. on Sunday, Oct. 2nd, 2022 at Hamel-Lydon Chapel at 650 Hancock St., Quincy, MA 02170.

In lieu of flowers, donations can be made to St. Jude Children Research Hospital at www.stjude.org/donate or by mail at 501 St. Jude Place Memphis, TN 38105 along with the donation form found on their website.

For online condolences, please visit www.hamellydon.com.

Arrangements under the care of Hamel-Lydon Chapel.

Virginia Jackson, 85

Virginia (Murray) Jackson "Ginger" passed away peacefully at 85 years of age.

The wife of the Late Davenport Jackson "Laddie". Loving Mother of Catherine Nazzaro and her husband Thomas and Mark Jackson and his wife Mary Ellen. Sister of Robert Murray of SC, the late Gail Joyce of Plymouth and Kathleen Abalos and her late husband Mike Abalos. Cherished Grandmother of Daniel, Adam and Patrick.

Ginger worked for the Quincy Police Department as a beloved traffic supervisor at Montclair school for over 30 years. Ginger also worked at the YMCA where she met many of her dear friends. In past years Ginger loved painting, loved hiking, bird watching took many trips to Mount Washington with her late husband Laddie. Ginger also had many wonderful friends through her life and a lot of love for animals. Ginger courageously dealt with blindness for the last 12 years of her life.



VIRGINIA JACKSON

Relatives and friends are respectfully invited to attend the Celebration of Life Service for Ginger 10 a.m. Saturday, Oct. 1, 2022 in the United First Parish Church, 1306 Hancock St., Quincy, MA. Burial will be private. Donations may be made in Ginger's name to the Quincy Animal Shelter, 440R E Squantum St., Quincy, MA 02171 or the Carroll Center for the Blind, 770 Centre St., Newton, MA 02458.

For online condolences please visit www.hamellydon.com. Funeral arrangements are under the care of Hamel-Lydon Chapel.

Joseph H. Brooker, 87

Joseph H. Brooker of Quincy passed away on Sept. 23, 2022, at the age of 87. Raised and educated in Boston, he was a graduate of Quincy College with an associate degree in Sociology, Class of 1979, and a bachelor's degree in Science from Suffolk University, class of 1981. Joseph was a retired Prerelease Officer for the Department of Corrections. A Veteran of the U.S. Marines and the U.S. Airforce, Joseph was an active and longstanding member of the Morrisette and American Legion Post 95, the Vietnam Combat Veterans of Quincy, and the Quincy Veterans Council. He enjoyed traveling with the BMW Mass Confusion Bike Club.

Joseph was the beloved father of Michelle Burden of Stoughton, Bonnie Brooker of Quincy, and Joseph Brooker of Nevada; Devoted grandfather of Christopher Burden and his wife Jillian; Loving great grandfather of Brady and Greyson; Brother of Donald Brooker and his wife Ruth of Westboro, Desiree Bellor of Greenfield, Gerald Brooker of Arizona, Daniel Scully and his wife Susannah of Hull, and Catherine Bruce and her partner Joseph of Florida; Joseph is also survived by many nieces and nephews.

Family and friends are invited to visiting hours on Thursday, Sept. 29th from 4 to 7 p.m. at the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center. On Friday there will be a service in the Funeral Home at 10 a.m. Burial with Military honors will be held in Mount Wollaston Cemetery, Quincy.

Donations in Joseph's name may be made to the New England Center and Home for Veterans, 17 Court St., Boston, MA 02108.

PLEASE RECYCLE THIS NEWSPAPER

More Obituaries online at www.TheQuincySun.com

Constance Hodgkins, 95

On Wednesday, Sept. 14, 2022, Constance "Connie" Hodgkins passed from our world to the next for a reunion in eternity with her beloved husband George and youngest child Mark. She lived over 95 very fulfilling, busy, and love-filled years, leaving behind a grieving family, but a family thankful that she's now in a better place, where her weakening physical life on earth doesn't matter. She leaves behind 5 surviving children, 10 grandchildren, and 9 great-grandchildren.



CONSTANCE HODGKINS

Over her long life, she accomplished much more than just raising six kids and serving her husband's four churches as a minister's wife. She excelled in school (even skipping grade 3!), graduated Quincy High School at age 16 in the Class of 1943, went to secretarial school, batted lead-off on a softball team post-college (the "Bombar-dears") in the Boston Park League, and helped her eventual husband lead a church youth group.

Throughout her life, she was quite the persistent social activist and was involved in numerous humanitarian and religious causes: Church Women United (as Ecumenical Action Coordinator for Massachusetts), Interfaith Social Services, Heifer Project International (for which George served as a "cowboy" one summer in 1959), Habitat for Humanity, UCC Pilgrim District Women, the Mass. Council of Churches, Project Bread, Bread for the World, the City Missionary Society of Boston, League of Women Voters, and Women's Service League of Connecticut, just to name a few.

Connie also survived several years of family camping throughout the Northeast and Canada from the 50s through the 70s, which with 6 kids was quite the challenge! Later in life, she and George were able to do more traveling, including among other locations Bermuda, the Holy Land, and a cross-country road trip to California to meet their first grandchild, Jennifer.

Connie is lovingly survived by her children Donald and wife Faith of Wakefield, Carol and husband Paul Leonard of Quincy, Wendie and husband Peter Salisbury of Sharon, Robert and wife Linda of Weymouth, and Forrest and wife Helena Sylvester of Harvard; also, her grandchildren Thomas and wife Kaity Ryan, Allyson and husband Aaron Bush, Amanda and husband Mark Giovino, Phillip Salisbury, Timothy and wife Courtney, Benjamin and wife Jessica, Danielle and husband Benjamin Gilde, Amber and husband James Gardner, Lauren Torbett, Bhavani Hodgkins, Anjani and husband TJ Rose, 9 great-grandchildren, and several nieces and nephews. Connie was predeceased by her parents George and Dorothy Forrest, husband Rev. George Hodgkins, son Mark, and granddaughter Jennifer.

A Celebration of Life was held Sept. 25 at Quincy Point Congregational Church, 444 Washington St., Quincy.

Funeral arrangements were made by the Hamel-Lydon Funeral Home, 650 Hancock St., Quincy.

The family would appreciate any donations desired in her name be directed to Interfaith Social Services in Quincy or the City Missionary Society of Boston.

Aristeo Castillo, 82

Aristeo Castillo, known as "Cas" to family and friends, a former proofreader for advertisements and magazines for almost 30 years and later a postal carrier for 10, passed away Sept. 25, 2022 following a lengthy illness and more emergent stay in the hospital.

He was 82 years old.

Cas was born in 1940 in Clint, Texas, the 5th of 9 children. After spending his early years at Sisters of Charity Orphanage in El Paso, Texas, Cas was sent to live at Boys Town in Nebraska in 1952. Cas spoke with fondness of his time at Boys Town including touring the country singing in the famous Boys Town Choir.

At 18, he joined the Army where he was based in Germany. While there he was also able to visit Switzerland and Italy, these years abroad left a lasting impression on him and often spoke of his time there. Upon his return to the Boston area, Cas met his now ex-wife, Mary Reilly, where he decided to stay to raise a family.

Throughout his entire life, Cas was an avid sports enthusiast. He enjoyed watching and discussing strategies, and reminiscing about his games from his youth. He played basketball and ran track in his younger years and later enjoyed playing racquetball. He eventually moved on to enthusiastically coaching many different sports including basketball and softball. To family and friends, he is remembered for his terrific laugh, his generosity and sense of humor. In his later years, he was dedicated to watching Jeopardy every evening, reading a good book and his humorous quest for that big winning scratch ticket.



ARISTEO CASTILLO

Cas is survived by his children, Mary A. (Castillo) Grussgott and her husband Daniel L. Grussgott of Providence, RI and Denise E. (Castillo) Brereton and her husband Richard S. Brereton, Jr. of Mendon, MA. Cas was also the very proud grandfather of Julia E. Brereton and Tyler R. Brereton of Mendon, MA. Above all else, Cas loved all his family members near and far with all his heart.

In accordance with his wishes, a simple memorial service will be held at Hamel-Lydon Chapel, 650 Hancock Street, Quincy, MA 02170 on Friday, Sept. 30, 2022 at 1 p.m. Family and friends are invited to attend.

Remembrances may be made in his name to Boys Town, Nebraska, https://support.boystown.org/

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

Health Officials Announce Fifth Human Case Of West Nile Virus In MA

The Massachusetts Department of Public Health (DPH) announced Monday the fifth human case of West Nile virus (WNV) in the state this year.

The individual is a female in her 80s who was likely exposed to the virus in Middlesex County in an area already known to be at increased risk. The risk of human infection with WNV is moderate to high in the Greater Boston area. Risk from mosquito-borne disease will continue until the first hard frost.

In 2021, there were 11 human cases of WNV infection identified in Massachusetts. WNV is usually transmitted to humans through the bite of an infected mosquito. While WNV can infect people of all ages, people over the age of 50 are at higher risk for severe disease. Most people infected with WNV will have no symptoms. When present, WNV symptoms tend to include fever and flu-like illness. In rare cases, more severe illness can occur. No human or animal cases of Eastern equine encephalitis (EEE) have been detected so far this year in Massachusetts.

People have an important role to play in protecting themselves and their loved ones from illnesses caused by mosquitoes.

Avoid Mosquito Bites

Apply Insect Repellent when Outdoors. Use a repellent with DEET (N, N-diethyl-m-toluamide), permethrin, picaridin (KBR 3023), oil of lemon eucalyptus [p-menthane 3, 8-diol (PMD)], or IR3535 according to the instructions on the product label. DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age.

Be Aware of Peak Mosquito Hours. The hours from dusk to dawn are peak biting times for many mosquitoes. Consider rescheduling outdoor activities that occur during evening or early morning.

Clothing Can Help Reduce Mosquito Bites. Wear long-sleeves, long pants, and socks when outdoors to help keep mosquitoes away from your skin.

Mosquito-Proof Your Home

Drain Standing Water. Mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by either draining or discarding items that hold water. Check rain gutters and drains. Empty unused flowerpots and wading pools and change the water in birdbaths frequently.

Install or Repair Screens. Keep mosquitoes outside by having tightly fitting screens on all of your windows and doors.

Protect Your Animals

Animal owners should reduce potential mosquito breeding sites on their property by eliminating standing water from containers such as buckets, tires, and wading pools – especially after heavy rains. Water troughs should be flushed out at least once a week during the summer months to reduce mosquitoes near paddock areas.

Horse owners should keep horses in indoor stalls at night to reduce their risk of exposure to mosquitoes. Owners should also speak with their veterinarian about mosquito repellents approved for use in animals and vaccinations to prevent WNV and EEE.

If an animal is diagnosed with WNV or EEE, owners are required to report to DAR, Division of Animal Health by calling 617-626-1795 and to DPH by calling 617-983-6800.

More information, including all WNV and EEE positive results, can be found on the Arbovirus Surveillance Information web page at www.mass.gov/mosquito-borne-diseases or by calling the DPH Epidemiology Program at 617-983-6800.

PUBLIC NOTICE

PUBLIC NOTICE OF SMALL CELL FACILITY PETITIONS

Pursuant to Section 13.12.110(c)(10) of the City of Quincy Municipal Ordinance, the following is a public notice that Cellco Partnership d/b/a Verizon Wireless ("Verizon") has filed with the Director of Inspectional Services a Petition for Permit to Install a Small Cell Facility on the following pole:

- Utility Pole # 28-1 located near 200 Hancock Street; the nearest property containing a residential structure is 28 Price Street

The petition noticed above is available for review at the Inspectional Services Department, 55 Sea Street, Quincy, MA 02169. Staff from the Department may be reached at (617) 376-1450.

9/29/22

LEGAL NOTICE

NOTICE AND ORDER:
Petition for Appointment of Guardian of a Minor
Docket No. NO22P1916GD
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

In the Interests of: **Francis J. Sullivan**
of **Quincy, MA**
Minor

NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on **07/19/2022** by **David H. Sullivan** of Quincy, MA will be held **11/10/2022 9:00 AM Review Hearing.**

Located **35 Shawmut Road, Canton, MA 02021**

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for the Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

ORDER TO PETITIONER(S)

IT IS ORDERED THAT copies of this Notice and the Petition for Appointment of Guardian of a Minor be served in hand on the minor, (if 14 or more years of age and not the petitioner), the guardian, the parents of the minor, and any other person if ordered by the Court, at least **fourteen (14)** days prior to the hearing date listed above. **Service must be made by sheriff, constable, or other person approved by the Court.**

If Service in hand cannot be accomplished on any interested party, **IT IS ORDERED** that copies of this Notice and the Petition for Appointment of Guardian of a Minor be served on the interested party by leaving at and mailing by regular first class mail to last and usual place of residence of the interested party at least **fourteen (14)** days prior to the date of hearing listed above.

If the identity or whereabouts of an interested party is **not known, IT IS FURTHER ORDERED** that copies of this Notice and Petition for Appointment of Guardian of a Minor be served on all interested persons at least **fourteen (14)** days prior to the hearing date by mailing first class mail and by publishing a copy of the Order and Notice once in **a paper in this county's public circulation** publication to be at least **Seven (7)** days prior to the hearing date.

If required, service on the United States Veteran Administration and the Department of Children and Families may be accomplished by regular first class mail at least **Seven (7)** days prior to the hearing.

THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.

Date: August 1, 2022

COLLEEN M. BRIERLEY
Register of Probate

9/29/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. ZBA-22-55

Pursuant to the provisions of the Zoning Board Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, October 11, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Patrick Foley, Esq. for a Variance/Finding to Change the Use from a Single Family to a Two Family Home in violation of the Quincy Zoning Ordinance Section 4.1 (Dimensional Requirements) and 3.4.3 (Nonconforming Structures) on the premises numbered 121 FAYETTE STREET, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/22/22, 9/29/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. ZBA-22-71

Pursuant to the provisions of the Zoning Board Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, October 11, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Brian LaRoche for a Variance/Special Permit/Flood Plain to add a one-story addition to a single-family home in violation of the Quincy Zoning Ordinance as amended Chapter 4.1 (dimensional regulations-number of stories) on the premises numbered 38 PARKHURST STREET, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/22/22, 9/29/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. ZBA-22-76

Pursuant to the provisions of the Zoning Board Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, October 11, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Brian Laroche for a Variance/Finding/Special Permit/Flood Plain to replace existing non-compliant flood compliant structure with new flood compliant single family home in violation of the Quincy Zoning Ordinance Section 4.1 (Table of Dimensional Requirements-Number of Stories) on the premises numbered 73 PAWSEY STREET.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/22/22, 9/29/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE STR 22-4

Pursuant to the provisions of the Zoning Board Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, October 11, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Felipe Magalhaes for a Special Permit to operate a short-term rental in violation of the Zoning Board Ordinance as amended Chapter 3.1.4 (table of use regulations) on the premises numbered 59 POND STREET, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/22/22, 9/29/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE STR 22-8

Pursuant to the provisions of the Zoning Board Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, October 11, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Chau Nguyen for a Special Permit to Operate a Short-Term Rental in violation of the Quincy Zoning Ordinance Section 9.4 (Special Permit on the premises numbered 66 CENTRE STREET, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/22/22, 9/29/22

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. ZBA-22-16

Pursuant to the provisions of the Zoning Board Ordinance of the Quincy Municipal Code as amended, the **Quincy Zoning Board of Appeals** will hold an **Open Public Hearing** on **Tuesday, October 11, 2022** at **6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169. On the application of Brian Konish for a Variance to Expand the Front Porch along the Front of the Home to Create a Farmer's Porch in violation of the Quincy Zoning Ordinance 4.1 Table of Dimensional Requirements (Front Setbacks) on the premises numbered 72 SQUANTO ROAD, QUINCY.

Plans and Specifications may be viewed online at https://quincyma.viewpointcloud.com/.

Martin Aikens, Chairman

9/22/22, 9/29/22

Leadership South Shore Celebrates 2022 Graduates

South Shore Bank Program Develops Community-Minded Leaders; Quincy Entrepreneur Damion Outar Among The 2021-22 Grads

Leadership South Shore, a renowned leadership development program created by South Shore Bank in collaboration with the South Shore Chamber of Commerce, celebrated its 2022 graduating class at a ceremony at Laura's Center for the Arts in Hanover. Leadership South Shore is a leadership development program with a goal of cultivating leaders to be involved in their communities and create positive change for the region and its residents.

Damion Outar of Quincy is among the graduates of the most recent program.

The graduation ceremony served as an opportunity for program alums to connect and share stories about how the experience and training is having profound impact on them, resulting in a commitment to transformative leadership. The event also jump-starts the 2022-23 Leadership South Shore season, as members of the incoming cohort mixed with recent graduates, a diverse group of emerging leaders advancing their personal and professional development and making genuine connections through participation in this program.

"My experience with Leadership South Shore was honestly life-changing in a really unique way," said Abby Parrilla, CEO of The Arc of The South Shore, to the graduates during welcoming remarks. Jaqueline Collins, Principal at Partnering for Performance, echoed that sentiment to start the graduation program, calling it "inspiration to go out into your individual communities and motive others to become involved. That's what Leadership South Shore is all about, everyone getting involved," said Collins.

Leadership South Shore Founder Jim Dunphy, CEO at South Shore Bank, delivered opening remarks, telling the grads the concept is really catching fire. "This program has hit a point that we have a lengthy waiting list to get in, which is wonderful. We created this program to help make our community a better place and create involvement, to get people to know what's going on, and then in your day-to-day activities try to make things a little better."

South Shore Chamber of Commerce President & CEO Peter Forman stressed the importance of understanding the needs of the entire community. Leadership South Shore has emerging business and civic leaders explore community issues and themes around justice, education, health and human services, arts and culture, and diversity, equity, and inclusion.

"A successful community isn't successful because it doesn't have crime, homelessness, or drug addiction. It's successful because it has a network of leaders who form an infrastructure that helps address the needs of the community and its less fortunate," said Forman.

Leadership South Shore is a thought-provoking program that examines regional challenges and opportunities through expert panel discussions, virtual and on-site visits, presentations, focus groups, interactive training, and other innovative, experiential activities. Leadership South Shore has produced more than 100 highly motivated graduates who take the knowledge obtained during this program to make a positive impact in their workplaces and communities.

"One of the many benefits of this program is it creates connection," said South Shore Food Bank Executive Director Pam Denholm, one of those highly motivated Leadership South Shore alums. "Being connected results in being happier, less stressed, more engaged at work, and physically healthier. The connections I have made through this program have helped us get more volunteers at the warehouse and to move when we needed more space."

The 2022 Leadership South Shore graduating class is comprised of 14 emerging leaders who are energized and inspired to improve their communities. "The program helped me feel a sense of belonging and that I was not alone," said Damion Outar of Quincy, Founder & CEO of JCO Group of Services. "It brought together people with all kinds of backgrounds and there was room for authenticity, creativity, and innovation. I can guarantee all of us in this class will walk away having learned many new things. There are a lot of leaders on the South Shore thinking of very creative and innovative ways to do business, and this program teaches you to do that while helping the greater good."

"Leadership South Shore has provided me with wonderful opportunities, and I now have many more resources and connections for the people I serve," said 2022 graduate Judi Vigna, CEO of Specialized Career Guidance. "This was a transformative experience that really changes your life and how you view the world. Now, we incorporate what we have learned in our everyday lives to improve the quality of life for everyone in our community."

Leadership South Shore runs from October through May, with a September graduation. Participants attend a program day once each month during fall and spring. To learn more, please visit Leadership South Shore - South Shore Bank.



QUINCY ENTREPRENEUR Damion Outar (center) with South Shore Bank CEO Jim Dunphy (left) and South Shore Chamber of Commerce President and CEO Peter Foreman. Outar is among the recent graduates of Leadership South Shore, a leadership development program created by South Shore Bank in collaboration with the South Shore Chamber of Commerce.

Courtesy Photo

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO20P1649EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Teresa Peruzzi
Date of Death:
04/29/2014

To all interested persons:

A Petition for **S/A - Late and Limited Formal Testacy and/or Appointment** has been filed by **Adrienne Lorenzano** of **Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Adrienne Lorenzano** of **Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/26/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 21, 2022
COLLEEN M. BRIERLEY
Register of Probate

9/29/22

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO22P0031EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Cathy M. Fennessy
Date of Death:
03/14/2021

To all interested persons:

A Petition for **S/A - Formal Probate of Will with Appointment of Personal Representative** has been filed by **Richard J. Fennessy, II** of **Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Richard J. Fennessy, II** of **Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/26/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

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WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 21, 2022
COLLEEN M. BRIERLEY
Register of Probate

9/29/22

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO22P2376EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Nancy L. Nicklas
Date of Death:
06/26/2022

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **John P. Rounseville** of **Newton, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **John P. Rounseville** of **Newton, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/12/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: September 9, 2022
COLLEEN M. BRIERLEY
Register of Probate

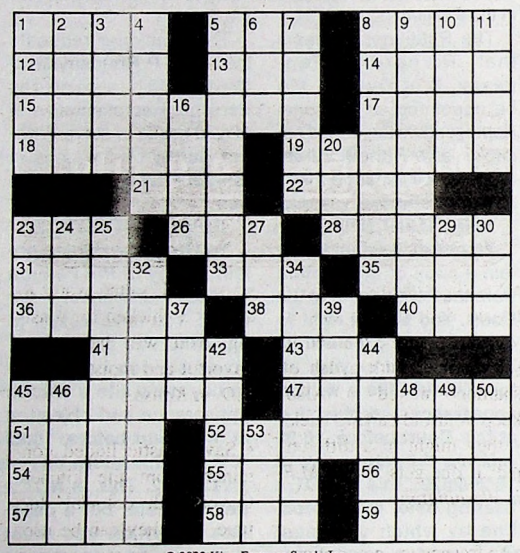
9/29/22

SUN FUN PAGES

King Crossword

ACROSS
1 Piratic quaffs
5 605, in old Rome
8 Last write-up
12 Like some vaccines
13 Ecol. watchdog
14 Stratagem
15 Turkey's most populous city
17 Actress Falco
18 Second of two
19 Church keyboards
21 Six, in Sicily
22 Harvest
23 Fireplace residue
26 Society newbie
28 Golf great Sam
31 Coach Ewbank
33 Passing craze
35 Capital on a fjord
36 Cardiff's country
38 "Uh-huh"
40 Kids' game
41 Antitoxins
43 French article
45 Juan's pals
47 Cease-fires
51 Track assignment
52 Brazil's most populous city
54 Karaoke prop
55 Brit. record label
56 Bridal cover
57 Writer Kingsley
58 Wee bit
59 Old U.S. gas brand

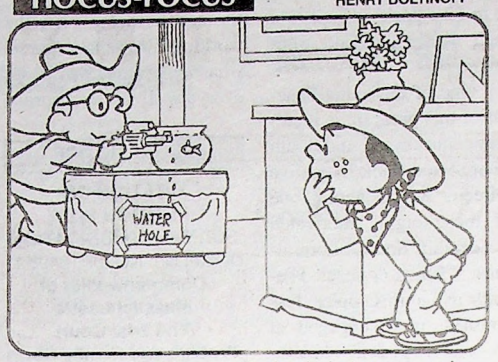
DOWN
1 Stir up
2 — Major
3 "The Martian" actor Damon
4 Bed boards
5 Question after a mission
6 PC's brain
7 Bravery
8 Pizza sauce herb
9 Hungary's most populous city
10 "The doctor —"
11 Casual tops
16 Must have
20 Scale members
23 "How adorable!"
24 Mermaid's home
25 Finland's most populous city
27 Inlet
29 Carte lead-in
30 Pooch
32 "Stayin' Alive" band
34 Shoulder muscle
37 "No seats" sign
39 Criminal, to cops
42 Plus
44 Debonair
45 — mater
46 Hurt severely
48 Poolroom supply
49 Yale students
50 Without help
53 "I — Rock"



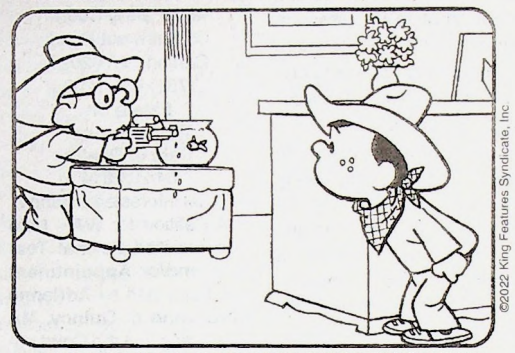
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



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Differences: 1. Hat is different. 2. Sign is missing. 3. Vase is smaller. 4. Arm is hidden. 5. Bandanna is different. 6. Picture frame is moved.

Salome's Stars

ARIES (March 21 to April 19) You might not like the sudden setback in your plans. But keep that headstrong Arian temperament in check and wait for explanations. Things will begin to clear up by week's end.

TAURUS (April 20 to May 20) Enjoy the respite from your recent hectic schedule, but be ready to plunge into a new round of social activities. A new contact holds much potential for the future.

GEMINI (May 21 to June 20) A trusted colleague has news that could change your perception of a current workplace situation. What had seemed unfair might prove to be highly favorable after all.

CANCER (June 21 to July 22) You still need to watch what you say and how you say it. What you assert as honesty, others might perceive as Crabbiness. Be patient. This difficult period clears up by the weekend.

LEO (July 23 to August 22) Your Royalness needs some time away from the limelight to catch up on things, whether it's tidying up your desk or making those calls you've put off. You're back in the center of things by the weekend.

VIRGO (August 23 to September 22) Honesty is the best policy, of course. But, you'll do better at achieving your goals if you can be less aggressive and more circumspect in how you phrase your comments.

LIBRA (September 23 to October 22) Your ability to maintain your balance in confusing situations continues to work for you. Stay on the steady course, one step at a time. The weekend shows improvement.

SCORPIO (October 23 to November 21) Your indecisiveness could simply be your keen Scorpian sense warning you to be wary of making a commitment. Take this time to do a more thorough investigation.

SAGITTARIUS (November 22 to December 21) Good news: New information comes your way to help you make a more informed decision on how to deal with the opportunity that has opened up for you.

CAPRICORN (December 22 to January 19) This is a good time to reinforce your self-confidence by acknowledging your own good qualities. A lull in your social life ends by the weekend. Have fun.

AQUARIUS (January 20 to February 18) It's a good time to let those recently pent-up emotions flow more freely. Why not start by letting the people you care for know how you really feel about them?

PISCES (February 19 to March 20) Resist offers, no matter how well-intentioned, to help with a personal decision. Only you know what must be done, and you have the emotional strength to follow through.

BORN THIS WEEK: You have a talent for getting things done. You also have a gift for bringing people together in both personal and professional relationships.

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MAGIC MAZE ● WORDS COMPLETE WITH A BAR

D A X V S Q N K I F D A X V T
Q O M J H F C A Y S W U R P N
L J H F D B Z X V N T R Q O M
K I H W H E E L B A R R O W F
D B Z L Y W L K V I T R N Q O
K N L N E I D L C R K I I M Y
H R F R D R S C E A E A A U E
Z X A A A W R O V B B B G I L
U S R B [illegible] R A B R R R R R R
Q O N M [illegible] U M B A R A A A A
J I H F [illegible] O D A B R A B B B

Find the l[illegible] in the diagram. They run in all directions [illegible] backward, up, down and diagonally. Unlisted c[illegible] FARM BUILDING

Bar-back
Barbados
Barbarians
Barbell
Barber
Bard
Bargain
Barge
Barium
Bark
Barley
Barrel
Isobar
Lumbar
Wheelbarrow

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Trivia test

by Fifi Rodriguez

1. U.S. STATES: Which state's official animal is a panther?
2. LITERATURE: What was the color of the man's hat in the "Curious George" book series?
3. TELEVISION: Chuck Woolery was the original host of which TV game show?
4. GENERAL KNOWLEDGE: What was the location of the first White Castle restaurant?
5. COMICS: What's the name of the newspaper where Clark Kent works?
6. MOVIES: Which 1980s movie features a character named Aurora Greenway?
7. PSYCHOLOGY: What fear is represented in the phobia eisoptrophobia?
8. GEOGRAPHY: How many African countries have Portuguese as their official language?
9. ANIMAL KINGDOM: On average, cats sleep how many hours a day?
10. HISTORY: The ancient city of Rome was built on how many hills?

Answers
1. Florida.
2. Yellow.
3. "Wheel of Fortune."
4. Wichita, Kansas.
5. The Daily Planet.
6. "Terms of Endearment."
7. A fear of mirrors.
8. Six.
9. About 15 hours.
10. Seven.

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Wishing Well®

7	5	6	7	2	3	2	4	5	3	7	8	4
E	E	B	M	Y	U	O	P	N	N	O	B	R
2	5	2	3	2	7	4	7	2	4	2	4	2
U	D	A	I	R	T	O	I	E	C	S	E	U
6	2	5	8	3	8	7	2	7	4	8	6	2
E	R	U	E	O	C	O	E	N	E	O	T	T
5	4	8	4	3	7	4	2	6	4	7	2	4
R	D	N	U	N	S	N	O	O	A	R	L	F
5	3	5	3	7	8	5	2	6	8	4	7	6
I	O	N	F	U	T	G	O	L	E	R	N	E
3	4	3	7	8	7	2	5	4	5	4	2	5
M	A	I	H	N	I	V	L	I	O	D	E	V
8	5	6	7	3	7	6	8	3	8	3	6	6
T	E	R	G	N	H	A	E	D	D	S	N	T

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

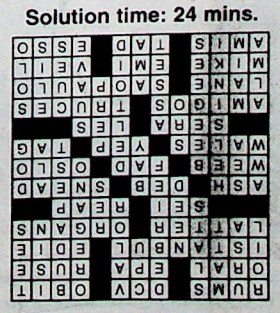
Clue: **T** equals **C**

RVL TLULDP OKHIKB XDB
UDEACPW LHTUNDTVAHI KENH
RVL WLDUPW TUNEB NO UWL
DHC XVLDR. LUIN, LUINR.

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— King Crossword —
Answers

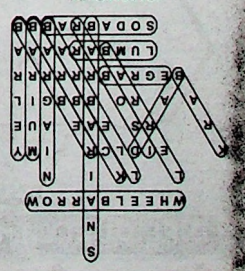
Solution time: 24 mins.



CryptoQuip answer

The cereal fungus was rapidly encroaching upon the yearly crops of rye and wheat. Ergo, ergot.

Magic Maze *ANSWERS:*



HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Could it merely be a coincidence that Timothee Chalamet's "Bones & All" (due Nov. 23), directed by "Call Me by Your Name's" Luca Guadagnino, is a film about two cannibals in love, the very thing that sent his "Call Me" co-star Armie Hammer's career off the rails? "Bones & All" contains scenes that involve limb-chewing and gory attacks. In January 2021, a woman posted screenshots of Hammer's alleged messages stating: "I am 100% a cannibal, and I want to eat you," and "I need to drink your blood."

Since the cannabalism never actually happened, the exchanges could have just been naughty banter due to intoxication. Doing damage control, Hammer completed nine months of rehab treatment in December 2021. Still, his wife of 10 years, Elizabeth Chambers, divorced him in December 2020.

Chalamet created a sensation at the Venice Film Festival premiere, wearing a sparkling, backless red jumpsuit. After the showing, he received a standing ovation. He has upcoming lead roles in "Dune: Part Two" (due November 2023) and "Wonka" (due Dec. 15, 2023). Luca Guadagnino also announced plans for a sequel of "Call Me by Your Name" (without Armie Hammer, who has been relegated to selling timeshares in the Cayman Islands).

***

Brendan Fraser was a handsome leading man, who scored with "Encino Man" (1992); "George of the Jungle" (1997); "Gods and Monsters" (1998); "Dudley Do-Right" (1999), "The Mummy" trilogy (1999-2008); the 3D epic "Journey to the Center of the Earth" (2008); and "G.I. Joe: Rise of Cobra" (2009). After making 51 films, Fraser faded from view because of injuries he sustained from complicated stunts for "The Mummy" franchise (which grossed $1 billion, $245 million). Fraser also felt he'd been blacklisted because he accused a powerful former president of the Hollywood Foreign Press of "groping" him.

Fraser appeared at the Venice Film Festival for his new film, in which he's a 600-pound man struggling with health issues and trying to reconnect with his estranged daughter. The film, aptly named "The Whale," earned him an eight-and-a-half-minute standing ovation at its premiere, which, when posted on social media, received approximately 16 million views. Dwayne Johnson took to Twitter saying, "Man, this makes me so happy to see this beautiful ovation for Brendan. He supported me coming into his 'Mummy Returns' franchise for my first ever role, which kicked off my Hollywood career. Rooting for all your success, brother."

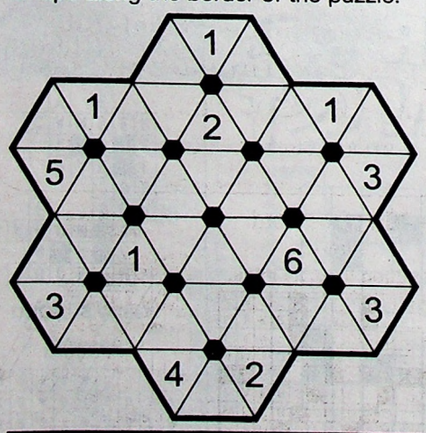
Prosthetics and CGI helped Fraser become "The Whale." No doubt he'll have a whale of a time getting back to his normal self!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult

★★★ GO FIGURE!

	÷		+		13
–		×		×	
	×		–		10
×		+		÷	
	×		–		17
15		16		12	

1 2 3 4 6 7 7 8 9

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KOVELS® Antiques & Collecting

By Terry and Kim Kovel

Take a Guess — Can you guess what this unfamiliar antique was used for? It is 40 inches high and 35 inches wide and probably made of Southern Yellow Pine.

It is called a "punkah." It was made in the early 19th century and used with the help of a man called a "punkah wallah" who pulled a cord to make the punkah swing back and forth like a fan. It was the "air conditioner" used in hot climates, not just in America.

The wooden punkah was suspended from the ceiling with wrought iron pins at the lower portion of each shoulder. It also has a round finial with a hole that helps with the balance.

***

Q: "Scooby-Doo" cartoons were among my favorites when I was young. I still have an orange 1973 metal lunchbox with Shaggy and Scooby-Doo running away from a headless horseman. It still has the thermos. Is it rare?

A: "Scooby-Doo, Where Are You!" is a children's cartoon that debuted on the Saturday-morning cartoon lineup in 1969. The series had teenagers Fred Jones, Daphne Blake, Velma Dinkley and Shaggy Rogers and the talking Great Dane, Scooby-Doo. They solved mysteries and drove around in the Mystery Machine. The 1973 lunchbox is considered rare and, if in good condition, could sell for $300 or more.

***

Q: We had a painter at our house who knocked over my grandmother's old curio cabinet and most everything inside it broke. Our painter wants to reimburse us for everything damaged, but I don't know the price of all the old glass he broke. All the pieces were very old.

A: It's impossible to estimate the value of the broken glassware without knowing what type it was, which pieces and how many pieces were broken. We'll assume it wasn't Depression glass, which was made during the 1920s and early 1930s. Those might sell for as low as $6 a glass. Pressed glass was made beginning in the 1820s and was popular until about 1900. Pressed glass pieces could be worth a few hundred dollars each. Take some pieces to an antiques dealer or auctioneer and ask for a suggestion of value.

***

TIP: Do not store jewelry in a pile. Stones will scratch the metal on other pieces and diamonds can scratch other gemstones. Use a jewelry box with compartments.

***

• Plastic ice bucket, Lucite, midcentury modern, thick stacked form, oval pill shape interior, fitted swing lid, 1950s, 9 x 6 1/2 x 6 1/2 inches, $145.

• Lamp, pair of torchieres, chromed metal, Bakelite base, inverted dome shade with horizontal ribs, art deco, American, c. 1930, 68 x 14 3/4 inches, pair, $585.

Advertising sign, Texaco Marine Lubricants, images of various types of boats, seagulls, T logo in top corners, enameled sheet metal, 1950s, 15 x 30 inches, $1,020.

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STICKELERS [sic].

by Terry Stickels

The following 11 scrambled letters form a word. Can you figure it out?

B D U
E C
N R L
A
M S

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Strange BUT TRUE

• There are more people in Monaco's orchestra than in its army.

• While tanning remains popular despite the documented health risks, the CDC has estimated that if folks under the age of 18 stopped using tanning beds, over 60,000 melanomas and melanoma-related deaths could be prevented.

• In 1987, a man convinced 2.8 million people to send him a penny each for his college education.

• People who play videogames are less likely to have nightmares.

• Switzerland is the only country in the world that could fit more than its entire population into bunkers in case of an emergency.

• Eggo waffles were originally called Froffles upon their creation in 1953 – a portmanteau of "frozen" and "waffles." Customers started calling them Eggos due to their egg flavor, and the company renamed the product two years later.

• Dubai is the most air-conditioned city in the world.

• Maggots and leeches are the first living creatures to be approved by the FDA as medical devices.

• A 1924 Arizona law made it illegal for donkeys to sleep in bathtubs.

• Crakow shoes, a pointy footwear popular in the 14th century, could get so long that the toe of the shoe had to be attached to the leg with a string so that it wouldn't drag.

* Ever noticed that all ads for the iPhone display a time of 9:41? That's because Steve Jobs first announced the device's launch in 2007 at 9:41 a.m.

* New employees at Google are called Nooglers, and on their first Friday of employment, have to wear a special hat bearing the Google colors and that distinctive moniker.

***

Thought for the Day: "Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed." – *Booker T. Washington*

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Now here's a tip!

by Jo Ann Derson

• Necklace chains that have turned dark due to oils in your skin can be washed in warm water with a dab of shampoo mixed in. Also, keep your old earring backs – they might fit a different pair if one gets lost! – *M.F. in Washington*

• To freshen the color of carpets (and destroy moth larvae or flea eggs), liberally sprinkle salt on them before vacuuming. I use a cleaned out Parmesan cheese container for this. It works very well. – *J.K. in Pennsylvania*

• To clean the glass inside your oven door, use the stovetop cleaner for your glass stovetop. – *V.P. in Florida*

• Use cold, salted water to defrost a chicken for roasting. You will have very flavorful and moist meat. – *E.D. in Kansas*

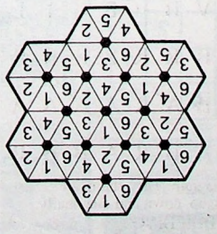
• Save plastic lidded containers from the kitchen. Cover with colorful duct tape, and they can be used as storage or even as gift wrapping.

• Disposable razors can be used to remove burrs from sweaters or wool slacks. Just be sure to keep it out of the reach of children. – *O.D. in Tennessee*

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES solution



Go Figure! answers

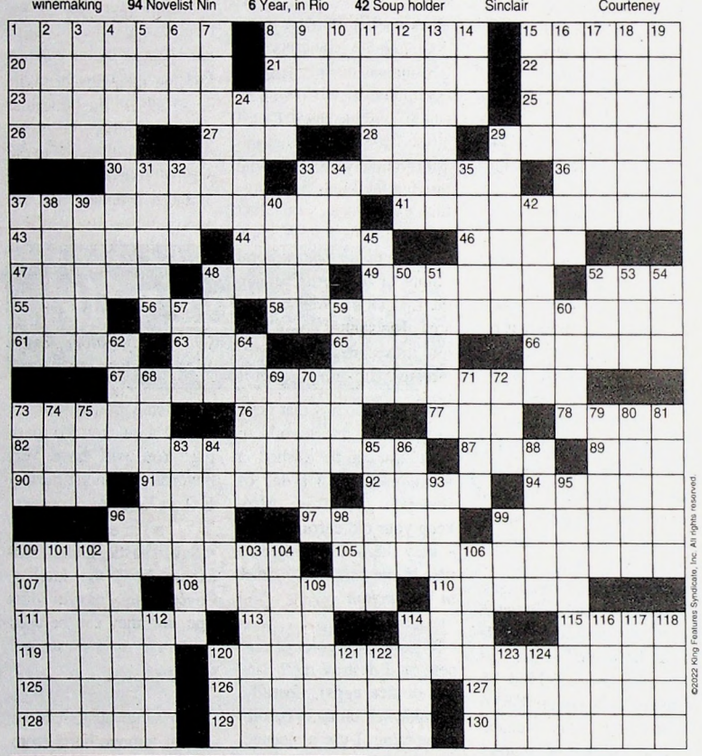
15		16		12	
3	×	7	–	4	17
×		+		÷	
2	×	9	–	8	10
–		×		×	
13	6	+	1	÷	7

Stickelers Answer The letters form the word "unscrambled."

Super Crossword — GOOD DOGS!

ACROSS
1 Perfect places
8 Places
15 Firing noise
20 Italian province or its capital
21 Mobile's place
22 Goes the distance
23 "We were just talking about you!"
25 Roast's host
26 Early 1900s cars
27 The Raptors, on sports tickers
28 Up to, for short
29 Actor Everett of "Stardust"
30 In accordance with
33 Really big
36 Low-value billfold fillers
37 Yet to happen
41 Regular way of walking
43 Slacked off
44 "Your Song" singer John
46 Acquire
47 Martini's partner in winemaking
48 Exam for some jrs.
49 Acquire
52 Tally up
55 "The Ipcress File" novelist Deighton
56 Maiden-named
58 Bring items to someone as a server would
61 Italian province or its capital
63 Steeped quaff
65 Love god
66 Ouzo flavorer
67 Insist that formalities are observed
73 Extensive destruction
76 "Air kiss" sound
77 Crude
78 Greek god in a chariot
82 Make radical changes to the norm
87 Hi- — graphics
89 Long time
90 Beige
91 Father of Taoism
92 Talk to a deity
94 Novelist Nin
96 Shade trees
97 Acknowledge
99 Wading birds
100 Relax briefly
105 No matter the consequence
107 A long time
108 1988 NFL MVP Boomer
110 Bearings
111 Loosened, as a skate
113 From — Z
114 Assist
115 "That's awful!"
119 Actor Feldman
120 Place to teach the eight commands featured in this puzzle
125 Rub away
126 Mopped, e.g.
127 Crouched
128 Relaxes
129 In a nervous way
130 Woven fabric

DOWN
1 Khrushchev's fed.
2 Sticky stuff
3 Butter substitute
4 Field laborers
5 Really bug
6 Year, in Rio
7 "Mister" of ice cream trucks
8 Bert of "The Wizard of Oz"
9 "Go, torero!"
10 Ill-bred dude
11 Assists in crime
12 Sumptuous
13 Actress de Ravin of "Lost"
14 Actor Mineo
15 — cheese dressing
16 Sendup
17 Liftoff follower
18 Hi-fi system
19 Feared fly
24 Swimmer Dara with 12 Olympic medals
29 Installed anew, as flooring
31 Beer vessel
32 Prof's degree
33 Having a dull finish
34 Hurly-burly
35 Eschewer of animal products
37 "The Little Rascals" girl
38 Conical woodwinds
39 Had no life
40 Royal name of Norway
42 Soup holder
45 Mother-of-pearl
48 Hammer end
50 Norse god in a chariot
51 Nonlethal stunner
52 Jackie's hubby #2
53 HMO participants
54 Henna, e.g.
57 SFO guess
59 PC support givers
60 Writer Seton
62 Merits a "so-so"
64 Acknowledge
68 Antigen disablers
69 Has
70 Actor Conrad of early films
71 Nanny Poppins
72 Have a debt
73 Pres. elected in '48
74 "Caught you!"
75 Boxy vehicle
79 Weaponize again
80 "Traffic" actress Christensen
81 Full of lip
83 Packed firmly
84 Gas pump attachments
85 Novelist Sinclair
86 Grads' dance
88 Lucifer
93 Lacking vitality
95 Medium to poor
96 Least difficult
98 Lead-in to chic or hazard
99 Sow or cow
100 Dish under a cup
101 Brush aside
102 "Neon" tank swimmers
103 Prone
104 Triangular sail
106 Least narrow
109 Coke and Pepsi
112 Peepers
114 Roddick of tennis
116 Pueblo people
117 Yuletide tune
118 Dated, quaintly
120 Mo. with the birthstone opal
121 Suffix with opal
122 Fish that can be shocking
123 — Jeanne d'Arc: Abbr.
124 "Friends" co-star Courteney



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celebrity extra

by Dana Jackson

Q: I really enjoyed the musical TV series "Crazy Ex-Girlfriend." What is the cast doing now that the show is over? – *F.C.*

A: Rachel Bloom, who wrote, produced and starred in the CW network's musical comedy "Crazy Ex-Girlfriend" from 2015 to 2019, has several upcoming roles. She's joining the second season of HBO Max's "Julia," which is based on chef Julia Child's origin story on public television in Boston. Bloom can currently be seen in the new comedy "Reboot" on Hulu. She's also written a memoir, "I Want to Be Where the Normal People Are," in which she gets candid about her awkwardness of growing up in Manhattan Beach, California, and her battle with mental illness.

Donna Lynne Champlin, who played Bloom's bestie on "Crazy Ex-Girlfriend," most recently co-starred in Showtime's "The First Lady," as Michelle Obama's (Viola Davis) senior advisor. Vincent Rodriguez III, who played Bloom's main crush, Josh, on the show, most recently starred in Prime Video's romantic comedy series "With Love." Santino Fontana, who played Greg, has had a recurring role on "The Marvelous Mrs. Maisel," which is also on Prime Video. He's also had a stellar career on Broadway, including the starring role in "Tootsie."

***

Q: Is it true that Pat Sajak is leaving "Wheel of Fortune"? Will it continue with a new host? What about Vanna? – *G.B.*

A: After 40 years of spinning the wheel on the hit primetime game show "Wheel of Fortune," Sajak recently hinted on "Entertainment Tonight" that "the end is near," but he gave no specific end date. The show's new executive producer Bellamie Blackstone sees the program, one day, celebrating its 50-year anniversary and beyond. Whether or not Sajak and longtime co-host Vanna White retire before then remains to be seen.

***

Q: I saw that one of my all-time favorite shows, "M*A*S*H," recently celebrated 50 years since it premiered on TV by posting a current photo of stars Alan Alda and Mike Farrell together. Are they the only surviving cast members from the series? – *N.R.*

A: Believe it or not, four classic television shows all debuted on CBS during the same week in September 1972: "Maude," "The Waltons," "The Bob Newhart Show" and "M*A*S*H." Set during the Korean War, it starred Alan Alda as the wisecracking surgeon Hawkeye Pierce and Wayne Rogers as Trapper John McIntyre. Rogers' character would be spun off into his own show a few years later, and Mike Farrell would then join the cast as B.J. Hunnicutt.

You might recall that "M*A*S*H" was originally an Oscar-nominated film starring Donald Sutherland and Elliott Gould as Hawkeye and Trapper John, respectively. Sally Kellerman played "Hot Lips" Houlihan, and Robert Duvall was Frank Burns in the film -- the same roles Loretta Swit and Larry Linville would memorably play on the series version.

Of the ensemble cast, Swit, Gary Burghoff ("Radar") and Jamie Farr (Klinger) are all still with us. Rogers passed away in 2015, while Linville passed in 2000.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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"Wheel of Fortune" **Host Pat Sajak**

Photo credit: Depositphotos

Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Beluga or orca	__ __ A __ __	In one piece	__ __ O __ __
2. Spaceship	__ O __ __ __ __	Tennis paddle	__ A __ __ __ __
3. Mantra	__ __ __ N __	Graph	__ __ __ R __
4. See-through	__ H __ __ __	Operate a car	__ T __ __ __
5. Florida citrus	O __ __ __ __ __	Farmhouse	G __ __ __ __ __
6. Monster	__ E __ __ __	Brag	__ O __ __ __
7. Green Bay player	__ A __ __ __ __	Prepare to smooch	__ U __ __ __ __
8. Peace Prize giver	__ __ B __ __	Book	__ __ __ V __ __
9. Fairytale, e.g.	__ __ __ __ Y	Tempest	__ __ __ __ __ M
10. Made from timber	__ __ __ D __ __	Fleecy	__ __ __ __ L __ __

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Weekly SUDOKU

by Linda Thistle

1			5				6	
	4	3		8				2
		8			6	9		
	1			9				3
		5			7		4	
4			2			1		5
	8				3		2	
2				1				7
		9	6	5		4		

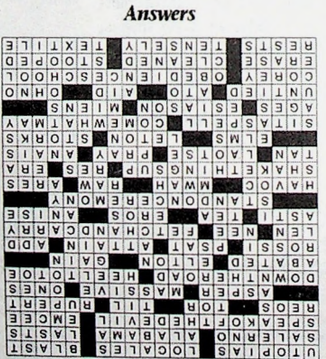
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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Super Crossword — Answers



Even Exchange answers

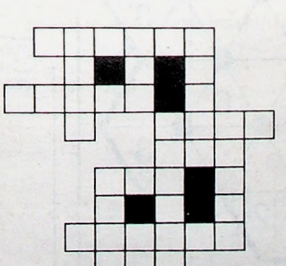
1. Whale, Whole
2. Rocket, Racket
3. Chant, Chart
4. Sheer, Steer
5. Orange, Grange
6. Beast, Boast
7. Packer, Packer
8. Nobel, Novel
9. Story, Storm
10. Wooden, Woolen

FEAR KNOT

By: rj Johnson

DOUBT? ...OR DARE!

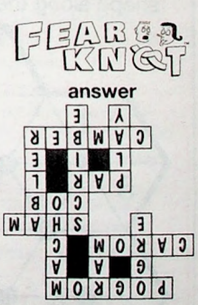
BCO
ORPMOG
♥AMHOC
LYPA
SERBIC
♥AMR
♥REOG
♥ELBRA
♥APR
BECARM
♥OCMAR
♥AHMS



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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FEAR KNOT answer

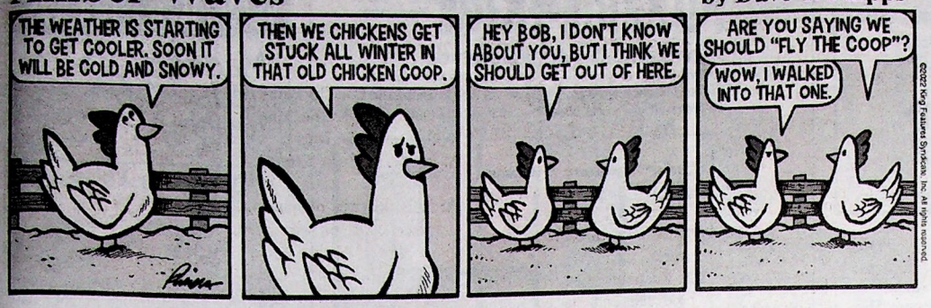


Weekly SUDOKU — Answer

3	7	9	6	5	2	4	8	1
2	6	4	8	1	9	5	3	7
5	8	1	7	4	3	6	2	9
4	3	7	2	6	8	1	9	5
9	2	5	1	3	7	8	4	6
8	1	6	4	9	5	2	7	3
7	5	8	3	2	6	9	1	4
6	4	3	9	8	1	7	5	2
1	9	2	5	7	4	3	6	8

Amber Waves

by Dave T. Phipps



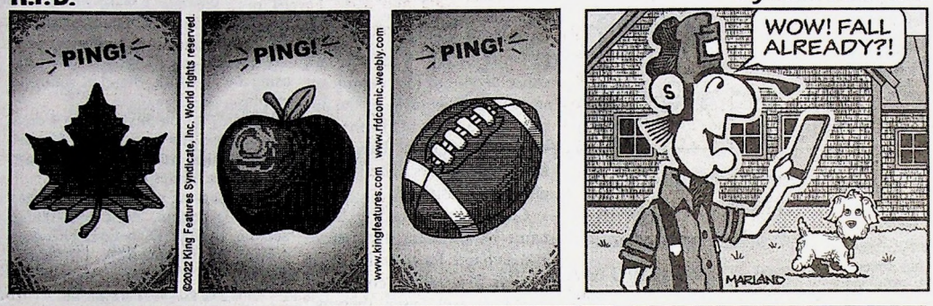
Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland









SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Area — GREAN

Lucid — LACER

Absorb — GETIDS

Joy — TRIHM



"The doctor must be a _____.

My kid swallows a dime and I cough up fifty dollars."

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

1	⑤	3	■	②
⑤	■	①	3	4
3	4	■	1	⑤
4	■	②	■	③
②	①	⑤	4	■

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

4	7	6	6	6	5	3
6	4	7	3	2	1	1
1	4	2	1	5	1	7
3	4	6	5	3	7	4
5	1	2	7	3	6	6
2	5	5	4	3	3	1
3	3	1	2	4	5	5

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Paw's corner

by Sam Mazzotta

Teaching Petless Kids to Care for Animals

DEAR PAW'S CORNER: We can't have pets in our apartment, but I want to teach my children about responsibility and compassion for animals. Are there volunteer opportunities for kids out there? – *Jessica in Seattle*

DEAR JESSICA: There certainly are volunteer opportunities for kids in most communities. The hard part can be finding one that will work for your kids, fit in with school schedules and provide the kind of rewarding experience you want them to have. PAWS.org, for example, has several volunteer opportunities in the Lynnwood, Washington, area. The shelter doesn't allow kids under 18 to work directly with animals, but it hosts a special Day of Service for those 10 or older to help spruce up its dog trail, and hosts a PAWSwalk each summer. Kids also can choose to "donate their day" – ask for donations to the organization in lieu of birthday presents, for example. That's just one organization in one area. Kids and parents should search for local shelters and animal-rescue organizations to see what volunteer or fundraising opportunities are available. Another, more immediate opportunity may be right in your neighborhood. Do you have friends or neighbors with pets? Are they willing to let your kids visit and play with their dog or cat? Is there an elderly relative or friend who needs help walking their dog or taking their cat to the veterinarian? Remember that, as the parent, you'll need to supervise your kids for many of these events or pet-care opportunities. But you'll be giving them key tools to be awesome pet owners of the future.

Send your questions, tips or comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of Sept. 26, 2022

EDITOR'S NOTE: The video on demand rankings were not available at press time. Beginning 10/6, this feature will be replaced with Streaming Source, a list of movies premiering on major streaming services.

DVD, Blu-ray Sales

1. Minions: The Rise of Gru (PG) Universal
2. Jurassic World: Dominion (PG-13) Paramount
3. 1883: A Yellowstone Origin Story (NR) Paramount
4. Doctor Strange in the Multiverse of Madness (PG-13) Disney/Marvel
5. Sonic the Hedgehog 2 (PG) Paramount
6. Top Gun* (PG-13) Paramount
7. Fantastic Beasts: The Secrets of Dumbledore (PG-13) Warner
8. Hocus Pocus* (PG) Disney
9. Beetlejuice* (PG) Warner
10. My Hero Academia: World Heroes' Mission (PG-13) Crunchyroll

*Re-release

Source: Comscore/ Media Play News

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Hitori

answer

4	7	6	6	6	5	3
6	4	7	3	2	1	1
1	4	2	1	5	1	7
3	4	6	5	3	7	4
5	1	2	7	3	6	6
2	5	5	4	3	3	1
3	3	1	2	4	5	5

SCRAMBLERS

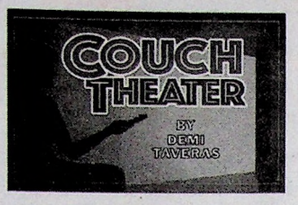
solution

MAGICIAN

Today's Word

1. Range 2. Clear 3. Digest 4. Mirth

MORE SUN FUN



"Blonde" (NC-17) — In this new biopic based on the novel of the same name, audiences get to see a different side of Hollywood legend Marilyn Monroe. Ana de Armas ("Knives Out") portrays the woman first known as Norma Jeane, as she evolves into the iconic actress we've come to recognize. Bobby Cannavale ("Boardwalk Empire") stars as Joe DiMaggio, Monroe's second husband, and Adrien Brody ("The Pianist") stars as Arthur Miller, her third husband. While the talented de Armas has received praise for her performance, the film itself has received criticism for its excessive nudity. But, with biopics like these, it's far too tricky to please everyone. Check it out for yourself when "Blonde" premieres Sept. 28. (Netflix)

"Hocus Pocus 2" (PG) — The sequel to the 1993 Halloween favorite "Hocus Pocus" premieres on Sept. 30, right on time for the Halloween season. The Sanderson sisters are back causing mayhem in Salem, as Bette Midler, Kathy Najimy and Sarah Jessica Parker all reprise their roles from the first film. The sisters are conjured by high school students Becca and Izzy, who unite with others in the town in an attempt to stop the deranged trio of witches. The direct-to-streaming movie doesn't fully excel at bringing back the magical feel of the first film, even with its musical numbers and returning characters, but Disney just can't help themselves when it comes to remakes and sequels. (Disney+)

"Ambulance" (R) — Jake Gyllenhaal and Yahya Abdul-Mateen II star in this movie directed by Michael Bay (the "Transformers" films and "Armageddon"). Gyllenhaal and Abdul-Mateen play two adoptive brothers, Danny and Will, who agree to execute a $32 million bank heist together. The heist doesn't go exactly as planned, when LAPD officers swarm the bank to stop the brothers. Will and Danny make a narrow escape on an ambulance, unbeknownst to an EMT (Eiza Gonzalez) onboard treating a police officer. With four people now stuck in an ambulance on the run, it's hard to tell who will make it out alive. Premiering Sept. 30, "Ambulance" is pure Michael Bay, with big-budget action scenes every step of the way. Premieres Sept. 30. (Prime Video)



Courtesy of Netflix

Adrien Brody and Ana de Armas star in "Blonde."

"Reasonable Doubt" (NR) — Defense attorney Jax Stewart (Emayatzy Corinealdi) loves to work with criminals; she welcomes the challenges that come with these clients. Jax tries to balance her career with being a mother and a wife but difficulties with her husband lead to a trial separation. While figuring out how to sail these murky waters, Jax deals with the recent rekindling of a friendship with Damon (Michael Ealy), a client she once defended, as well as a new, perplexing murder case on her hands. The style of this series is quite like "Scandal" and "Little Fires Everywhere," which makes sense with Kerry Washington serving as executive producer. Premieres Sept. 27. (Hulu)

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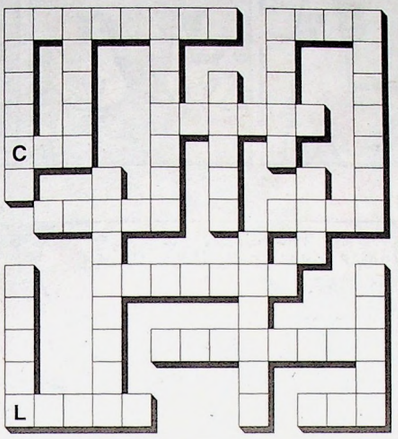
Puzzles4Kids

by Helene Hovanec

CRISSCROSS – COOKING VERBS

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

3 Letters
CUT
DIP
MIX
4 Letters
DICE
TRIM
5 Letters
GRILL
LAYER
ROAST
SLICE
STEEP
TASTE
TOAST
6 Letters
BLANCH
BRAISE
GREASE
7 Letters
COMBINE
MEASURE
STIR-FRY
8 Letters
BARBECUE
DISSOLVE
SCRAMBLE



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Herbal Product Can Help Sooth Gastro-Intestinal Symptoms

DEAR DR. ROACH: I have had gastroparesis for many years. About two years ago, it led to small intestinal bacterial overgrowth (which I once read about in your column). I worked with a dietician for several months. One of the treatments she suggested was an herbal product called Iberogast. The combination of herbs helps the stomach to empty quicker. I use it each night before bed (as part of a 12-hour fast), or whenever I have overeaten and feel bad. It has been most helpful for me. Iberogast is available online. -- L.E.

ANSWER: Iberogast is a combination of nine medicinal plant extracts. Studies in Germany and Austria, where it is most commonly used, have shown the medication to be more effective than the placebo (and about as effective as one common prescription medication) in the treatment of functional dyspepsia and irritable bowel disease. The medication has generally been regarded as safe, but there are rare cases of liver injury associated with this medication, with at least one of which eventually requiring a liver transplantation.

All medications -- whether prescription or over-the-counter, natural or synthetic -- have the potential for harm. Iberogast is pretty safe, with just a handful of bad outcomes in its 50 years of use, involving millions of doses, but it can still cause rare and severe adverse effects. Iberogast is worth considering in people whose symptoms have not been successfully treated with other therapies.

***

DEAR DR. ROACH: I've heard a lot about fat-removing procedures, such as CoolSculpting and red light therapy, and I'm wondering if they really work. What is your opinion on these products? -- *Anon.*

ANSWER: The most important point here is that these are procedures designed to improve a person's appearance, and they do little or nothing to improve physical health. They do not cause people to lose significant weight, and removal of the superficial fat right below the skin does not improve diabetes or heart risk factors. The benefits are purely cosmetic.

CoolSculpting is the brand name of a system that freezes and damages fat cells. Red light therapy, also called "cool laser" or "low-level laser therapy," damages the fat cells without having to make incisions, such as for liposuction. There are other technologies used, such as focused ultrasound and electrical pulse devices, among others.

Trials on CoolSculpting showed that 86% of people saw improvement in cosmetically important areas. The laser treatment is not as well-studied. An early trial found that 70% of people treated with laser were satisfied, compared to 26% of those treated with a "sham" device that had no laser, just red lights. The device did show some slimming effects on the hips, thighs and waist.

Unfortunately, not everyone has a good response to these therapies. Several people, including a famous model, have sued the manufacturers due to an uncommon adverse effect of the procedure, called paradoxical adipose hyperplasia, where the fat cells, instead of dying, grow and become hard -- and may not even be removable with surgery. Again, these noninvasive procedures really do work to improve appearance for most people, but do not improve overall health. And, they have the potential for significant cosmetic side effects, even if it is only rarely.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Comfort foods

Made fast and healthy



by Healthy Exchanges

Chocolate Sunrise Pudding Treats

When every minute counts and you have more commitments in your day than you have hours, you don't have to forsake desserts — not even chocolate desserts. One bite of this ultra-quick delight and you'll feel you have your world under control once again.

- *1 cup (8-ounce can) sliced peaches, packed in fruit juice, undrained*
- *1/2 cup unsweetened orange juice*
- *1 (4-serving) package sugar-free instant chocolate pudding mix*
- *2/3 cup nonfat dry milk powder*
- *1/2 cup reduced-calorie whipped topping*
- *2 tablespoons chopped pecans*

1. In a blender container, combine undrained peaches and orange juice. Cover and process on BLEND for 10 to 15 seconds or until mixture is smooth. In a large bowl, combine dry pudding mix, dry milk powder and blended peach mixture. Mix well using a wire whisk. Blend in whipped topping.

2. Evenly spoon mixture into 4 dessert dishes. Top each with 3/4 teaspoon pecans. Refrigerate for at least 10 minutes. Makes 4 servings.

• Each serving equals: 154 calories, 2g fat, 5g protein, 29g carb., 400mg sodium, 1g fiber; Diabetic Exchanges: 1 Fruit, 1/2 Fat-Free Milk, 1/2 Starch, 1/2 Fat.

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1. Which duo released "I'd Really Love to See You Tonight"?
2. Name the singer who recorded "Could I Have This Dance."
3. Which group released "Our House"?
4. Who released "Why You Treat Me So Bad"?
5. Name the song that contains the lyrics: "Right to the end, Just like a friend, I tried to warn you somehow, You had your way, Now you must pay."

Answers

1. England Dan & John Ford Coley, in 1976 on their "Nights Are Forever" album. It made it to No. 2 on Billboard, bested by "Play That Funky Music" by Wild Cherry.
2. Anne Murray in 1980. The song was used in the "Urban Cowboy" film that year as well as on the soundtrack.
3. Crosby, Stills, Nash & Young, in 1970. Songwriter Graham Nash said it was about his very ordinary life with singer Joni Mitchell. The song has been covered by others, including Helen Reddy and Phantom Planet.
4. Club Nouveau, in 1986.
5. "Who's Sorry Now," covered by Connie Francis in 1957 on her first album. The song was originally written in 1923 and released by Isham Jones, and was considered a big band swing song.

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Contract Bridge

EVEN WHEN YOU LOSE YOU WIN

East dealer.
Neither side vulnerable.

NORTH
♠9 5 2
♥7 5
♦A J 10 9 8 4
♣6 2

WEST
♠Q 8 4 3
♥K 9 8 6 4
♦6 2
♣9 5

EAST
♠J 10 6
♥Q 3 2
♦Q 7 3
♣K 10 7 4

SOUTH
♠A K 7
♥A J 10
♦K 5
♣A Q J 8 3

The bidding:

East	South	West	North
Pass	2 ♣	Pass	2 ♦
Pass	2 NT	Pass	3 NT

Opening lead — six of hearts.

When declarer takes a finesse, he usually hopes it will win, but there are occasions when he actually hopes it will lose. Here is an example of such a situation. Declarer wins East's queen of hearts with the ace and should conclude that the best play at trick two is to lead a low diamond and finesse the jack.

If East has the queen and takes it, South acquires 10 cast-iron tricks, since he can later overtake the king of diamonds with the ace and run dummy's suit. This is the reason South hopes the diamond finesse will lose.

Leading a diamond to the jack also wins if West was dealt Q-x. When South later leads the king and West's queen appears, he can overtake the king with the ace and so score six diamond tricks.

But let's assume that, as in the present case, East has the queen of diamonds and is shrewd enough not to take the jack with the queen at trick two. In that event, declarer next leads a club from dummy and finesses the queen. (This time South hopes the finesse will win.)

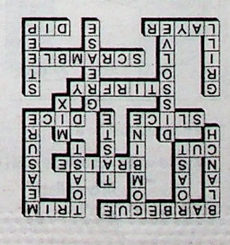
When the queen holds, declarer leads the king of diamonds and overtakes it with the ace. He then finesses the jack of clubs, cashes the ace and continues with a club. East takes the king and cashes the queen of diamonds, but South finishes with 10 tricks consisting of two spades, two hearts, two diamonds and four clubs.

Note that if declarer starts by playing the king and another diamond to the jack, losing to East's queen, he is in serious trouble and eventually goes down one or more tricks. The first-round diamond finesse is easily the best play, as it assures two entries to dummy if the finesse wins and five diamond tricks if it loses.

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by Steve Becker

Puzzles4Kids Answer



Happy 100th Birthday, Marianthi 'Mary' Leach



MARIANTHI "MARY" LEACH, a 60-plus year resident of North Quincy, recently celebrated her 100th birthday with family and friends at the Patio of Alliance Health Care in Braintree. The weather was perfect and the wonderful personnel of Alliance were there to help in any way. Papa Gino's in Braintree, managed by Jackie, bent over backwards to make everything perfect. She still can't believe she is 100!! Her children, grandchildren, and great grandchild all worked together to make this a memorable occasion. *Courtesy Photos*

Quincy-based Rose & Belle, Inc. Recognized As A FedEx Ground Regional Entrepreneur Of The Year

FedEx Ground has selected Rose & Belle, Inc. as one of 20 regional Entrepreneur of the Year winners from among more than 6,000 small businesses that provide contracted package pickup, delivery and transportation services to businesses and residences.

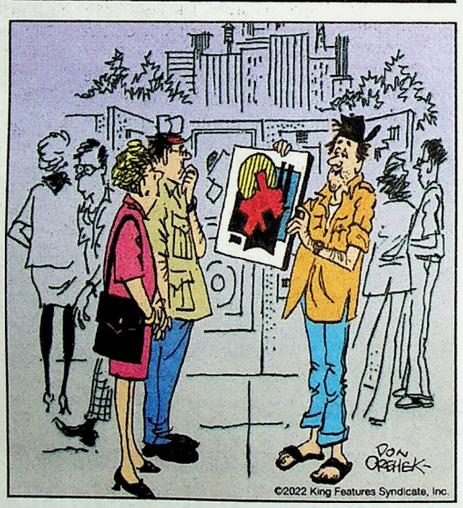
Entrepreneur of the Year winners are recognized by FedEx Ground for valuing safety above all, delivering excellent customer service, building a team of dedicated and engaged employees, and conducting responsible operations during the fiscal year that ended May 31, 2022. Rose & Belle, Inc. was founded by Owner Edmond Samuel and operates a fleet of vehicles that provide pickup and delivery services for FedEx Ground.

"Rose & Belle is named after my mother who I honor with high ethical standards and integrity," said Edmond Samuel, owner of Rose & Belle, Inc.

Rose & Belle, Inc. will join 19 other regional winners in Pittsburgh, the headquarters of FedEx Ground, on Oct. 18 for a ceremony during which they will be recognized and three overall company winners announced.

"These exemplary companies have successfully navigated changing economic and market dynamics while placing their highest priority on safety and exceptional service to FedEx Ground customers," said Paul Melander, senior vice president of Safety & Transportation, FedEx Ground. "As customer and consumer expectations continue to evolve, we are grateful for their outstanding efforts and are proud to recognize this year's regional Entrepreneur of the Year winners!"

LAFF-A-DAY



"Live with it for a week. If you're not satisfied, turn it upside down."

READERS FORUM



StandOutQuincy4BlackLives Marking 2nd Year Of Weekly Protests

This Thursday, Sept. 29, marks the second year of weekly StandOutQuincy4BlackLives protests in the heart of the city at the United First Parish Church.

We'll meet up at 3:30 p.m. on the corner of Temple and Hancock Streets to share our message with the community: We need Social Justice, Racism is a pandemic and Black Lives Matter.

We're gathering together to celebrate our group and the amazing spirit of perseverance, joy and community we share!

There will be a time to enjoy the occasion at 5 p.m. in the Church Kitchen!

If you can come by to say hello on this special day, all are welcome to join us, as always!

StandOutQuincy4BlackLives

Abigail Adams Statue Proponents Excited By Its Imminent Arrival

We wish to thank The Quincy Sun for the continued coverage of the new heroic-sized Abigail Adams statue, soon to be placed at the Hancock Adams Common ("Work Underway at Site For New Abigail Adams Statue", Sept. 22, 2022).

As part of the small group who advocated for this statue, we're excited at the news of its imminent arrival. While we were mentioned by name in the article, we want to recognize our colleagues: Mimi Balsamo, Amy Bisconte, Claire Fitzmaurice, and Ann Foresman, who were also instrumental in bringing this issue into the public's eye.

We are additionally grateful to Mayor Koch, the Quincy Historical Society, the city's Department of Natural Resources, and the Wollaston Garden Club. Together we all worked on the selection of the site, the historical markers, and the plantings.

We look forward to a day soon when we can all celebrate Abigail's return to Quincy Center.

Emily Lebo
Linda Monaco
Linda Stice

Cold, Snowy Winter Predicted

You may have seen that the cost of electricity and heating will increase dramatically this winter.

A prediction for this winter is for a cold, snowy one. Subzero temperatures are predicted.

My theory is that climate change has weakened the Polar Jet Stream causing it to loop down over the eastern U.S. bringing frigid air.

Peter Gleba
Quincy

Unelected Government Bureaucrats, Nickerson Rock And 'Wokeness'

So, an unelected Government Bureaucrat in the Department of the Interior decided that the word "Squaw" (Woman) was offensive, racist, sexist, etc. and we needed to be protected from its detrimental effect upon society. Therefore, the name "Squaw Rock" had to go (along with 599 other detrimental geographic locations).

Kudos to Mayor Koch for doing his homework (which obviously the 'Bureaucrat' didn't have time for) and determining that the indigenous Massachusetts tribal representatives did not consider Squaw Rock offensive, racist, etc. and actually preferred to keep the name the same.

Maybe Interior Secretary Deb Haaland needs to use our tax dollars to do some research before inserting her personal feelings into our everyday lives.

Robert Romeri
Quincy

Quincy's Andrew Hasting Cast In Dean College Theatre Production

Andrew Hastings of Quincy has earned the role of Manservant as well as Understudy for Jack Worthing and Algernon Moncrieff in the Dean College production of "The Importance of Being Earnest," beginning Thursday, Oct. 20 through Sunday, Oct. 23.

The fashionable Jack and his friend Algernon pretend to be someone else in trying to avoid burdensome social obligations. Meanwhile, Cecily and Gwendolen are both in love with the same mythical suitor. When all four arrive at Jack's country house on the same weekend, it soon is bedlam. Originally produced in 1895, this high farce with its clever dialogue, wry wit, and elaborate plot twists is Oscar Wilde's most enduring and popular work.

The Dean College production of "The Importance of Being Earnest" will take place in the Main Stage in the Dr. Paula M. Rooney Student Center at Dean College, 109 West Central St., Franklin at 7:30 p.m. Thursday through Saturday, with 2 p.m. matinees on Saturday and Sunday.

Dean College welcomes children and families to all of our performances, provided patrons have complied with all safety guidelines. However, infants and children under 2 years of age are not allowed in the theatre, and children under the age of 16 must be accompanied by an adult. All patrons must have their own ticketed seats; lap sitting is not permitted.

To learn more about the show and to purchase tickets, visit www.dean.edu/boxoffice.

Friends Of Wollaston Beach Annual Meeting, Awards Oct. 23

Friends of Wollaston Beach invite the public to attend its annual meeting on Sunday, Oct. 23 from 1 to 3 p.m. at the Wollaston Yacht Club, 692 Quincy Shore Drive., Quincy.

The meeting will include election of officers and presentation of awards and certificates of appreciation.

Guest speaker will be Chris Mancini, Save the Harbor/Save the Bay.

Award recipients for 2022 are:

Dave Murphy, President's Award; Joe Catalano, QATV, Spirit Award; Lt. Robert Gillan, Quincy Police Marine Unit, Friend Award; and Susan McPherson, Member of the Year.

Light refreshments will be served

For further details, see friendsofwollaston.com, The Quincy Sun and QATV. Or email president Maureen Mazrimas at friendswollastonbeach@gmail.com.

KIDS FEST –

OCTOBER 9, 2022 – 1:00 PM TO 4:00 PM

CHANGE OF VENUE

MERRYMOUNT BEACH,
SHORE AVENUE AND QUINCY SHORE DRIVE

While we had to postpone Kids' Fest on September 4 due to threats of thunderstorms, fear not -- Kids' Fest will happen this year! PLEASE JOIN US on SUNDAY, OCTOBER 9, 2022 from 1:00 pm to 4:00 pm at Merrymount Beach at the far end of Wollaston Beach (across from the entrance to Furnace Brook Parkway). We are grateful to the Merrymount Association for allowing us to continue this traditional free, family-friendly event on their beach: Inflatables, DJ, games, prizes, face painting, glitter tattoos and more! Each child receives a beach related item and a coloring book. Please see the Quincy Sun, QATV and *friendsofwollaston.com* for updates and further information. HOPE TO SEE YOU THERE!







We are grateful for the support of so many others that make this such a great experience each year.

- Boston Circus Guild;
- Save the Harbor/Save the Bay;
- North Quincy High School Jr. ROTC
- Wollaston Yacht Club
- DCR
- Massachusetts Boating and Yacht Clubs (MBYCA) and Mass Fisheries
- Massachusetts Water Resources Authority (MWRA)
- Our media partners, *The Quincy Sun* and QATV;
- City of Quincy Department of Natural Resources, and
- You!

Thank you!

Council On Aging Events, Activities

Cont'd From Page 12

Yuletide Newport Monday, Nov. 28th

Depart from Pageant Field at 9:30 a.m. First you'll enjoy a luncheon at Quonset Point O'Club, overlooking the waterfront and featuring entrée choices of Baked Scrod or Baked Chicken. You will then visit Newport's grand Marble House mansion, decorated for the holidays with ornaments and displays. Early this evening a spectacle awaits you at LaSalette, where New England's largest and most colorful Christmas light display is held. You will return home at 6:30 P.M. with enlivened holiday spirits. $99 per person, checks only made payable to Fox Tours. Must be a Kennedy Center member to attend trips.

Houghs Neck Garden Club Meeting Oct. 5

The Houghs Neck Garden Club recently held a Pot-Luck Dinner at Carol Johnston's home. The weather was perfect, the food was marvellous and the company was so enjoyable. The club thanks Carol Johnston for allowing us to share her home and a magnificent sunset from her ocean-side terrace.

Our next meeting will be held at the Community Center on Wednesday, Oct. 5th at 7 p.m. Club member Rosie Hegg will present a program entitled "Gardens in England Through the Ages."

Rosie has visited many beautiful gardens on her return trips to her native England. Some are probably little changed since they were created centuries ago, others appear to be reconstructions or reflections of gardens from the past, and others are very much of the present day. This has inspired her to explore further the story of gardens and gardening in England. Who were these gardens for? Was there meaning and purpose behind them besides pleasure or everyday needs? The talk is illustrated by colorful slides including some of Rosie's own photos.

On Wednesday, Nov. 2nd, at the Community Center at 7 p.m., Club member Cynthia Lewis will be showing us how to make Holiday Arrangements. Cynthia is the vice president of the Houghs Neck Garden Club, a master gardener, an artist and a gifted floral arranger. The arrangements she makes that evening could be won at an opportunity drawing. Who wouldn't want to take a chance on one of those?

On Wednesday, Dec. 7th we will be having a Holiday Party.

Details to follow.

Thanks to the three new members who have joined this month!

Refreshments are served at all our meetings.

Anyone interested in becoming a member can contact me at 617-347-3901, text me or email me at jmbythrow@gmail.com.

The Houghs Neck Garden Club is a member of the Garden Club Federation of Massachusetts and a 501C3 non-profit organization.

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